

# Swing Low

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**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Kim Ray (UK) Dec 2016

**Music:** Swing Low by Hal Ketchum

## NO TAGS OR RESTARTS

### #16 count intro

### S1: FORWARD, REVERSE COASTER STEP, COASTER STEP, FULL TURN RIGHT, NC BASIC LEFT

- 1** Step forward on right
- 2&3** Step forward on left, step right next to left, large step back on left dragging right next to left
- 4&5** Step back on right, step left next to right, step forward on right
- 6&** On the spot make a full turn right stepping left, right
- 7-8&** Large step to left to left side, rock back on right, recover on left (12:00)

### S2: SIDE, BEHIND, SIDE, PRISSY WALK FORWARD x 2, STEP PIVOT ½ TURN RIGHT, ½ TURN RIGHT, ¼ TURN RIGHT, CROSS, SIDE ROCK/RECOVER, CROSS

- 1-2&** Large step to right to right side, cross left behind right, step right to right side
- 3-4** Cross left over right, cross right over left (prissy walks moving forward)
- 5&6** Step forward on left, pivot ½ turn right, ½ turn right stepping back on left (12:00)
- &7¼ turn right stepping right to right side, cross left over right (3:00)**
- &8&** Rock right to right side, recover on left, cross right over left

### S3: SIDE, BACK ROCK/RECOVER, ¼ TURN RIGHT, ¼ TURN LEFT SIDE ROCK/RECOVER, CROSS, ROCK ¼ TURN RIGHT, STEP FORWARD, ½ PIVOT TURN LEFT

- 1-2&** Large step left to left side, rock back on right making ¼ turn right, recover on left (6:00)
- 3&4¼ turn left and rock right to right side, recover on left, cross right over left (3:00)**
- 5&** Rock left to left side, recover ¼ turn right on right (6:00)
- 6** Step forward on left
- 7-8** Step forward on right, pivot ½ turn left (weight forward on left) (12:00)

**S4: FULL TURN RIGHT, SWEEP, BEHIND, SIDE, CROSS ROCK/RECOVER, & STEP, STEP PIVOT ½ TURN LEFT, ¾ TURN LEFT**

**&1½ turn right taking weight on right, ½ turn right stepping back on left sweeping right out and back (12:00)**

**2&3** Cross right behind, step left to left side, cross rock right over left

**4&5** Recover back on left, step right next to left, step forward on left

**6-7** Step forward on right, ½ pivot turn left (6:00)

**8&** On the spot make a ¾ turn left stepping right, left (9:00)

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