

# SWEET DREAMS

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Chris Watson (May 2005)

**Music:** Sweet Dreams My LA Ex by Rachel Stevens

## Start With Weight on your Left.

### STEP KICK, BEHIND SIDE CROSS, STEP KICK BEHIND SIDE CROSS

**1-2-3&4** Step right to right side kick left out to left, step left behind right, right to right side and left across in front of right

**5-6-7&8** Step right to right side kick left out to left, step left behind right, right to right side and left across in front of right

### ROCK SIDE, CENTER, CROSS SHUFFLE, ¼ TURN, ¼ TURN, CROSS SHUFFLE

**1-2-3&4** Rock right to right side, weight back onto left, cross shuffle right over left, left to left side and right over left

**5-6-7&8** Step left foot to left side making a ¼ turn right, step right out to right side making a ¼ turn right (making a ½ turn in total), cross shuffle left over right, right to right side and left to left side

### ROCK SIDE, CENTER, CROSS SHUFFLE, ¼ TURN, ½ TURN, SHUFFLE FORWARD

**1-2-3&4** Rock right to right side, weight back onto left, cross shuffle right over left, left to left side and right over left

**5-6-7&8** Step left foot to left side making a ¼ turn right, step right foot forward making a ½ turn right. (now facing 3:00), shuffle forward right, left, right

### ROCK FORWARD, BACK, STEP BACK AND DRAG, BALL CHANGE AND STEP FORWARD RIGHT, WALK FORWARD LEFT, ½ PIVOT

**1-2-3-4** Rock forward onto right foot and back onto left, step right foot back, dragging left together

**&5-6-7-8** Ball change step left foot back and right foot forward, walk forward left, step right foot forward ½ turn pivot, taking weight onto left

### HEEL AND HEEL AND STEP TOUCH, HEEL AND HEEL AND STEP TOUCH

**1&2&3-4** Right heel forward, bring right foot together and touch left heel forward, bring left foot together and step forward on right, touch left together beside right

**5&6&7-8** Right heel forward, bring right foot together and touch left heel forward, bring left foot together and step forward on right, touch left together beside right

### **ROCK FORWARD AND BACK, ½ TURN SHUFFLE, ¼ PIVOT AND CROSS HOLD**

**1-2-3&4** Rock forward onto right foot, back onto left foot, turning a ½ turn via your right on the 1st step of a right shuffle forward moving towards 3:00

**5-6-7-8** Step left foot forward doing a ¼ turn to right (facing back wall) take weight onto right step left foot across in front of right and hold

### **SIDE, BEHIND AND CROSS TOUCH, HIPS**

**1-2&3-4** Step right to right side, step left across behind right, step right to right side and left across in front of right, touch right together

**5-6-7-8** Step right to right side swinging hips right, left, right, right

### **SIDE, BEHIND AND CROSS TOUCH, HIPS**

**1-2&3-4** Step left to left side, step right across behind left, step left to left side and right across in front of left, touch left together

**5-6-7-8** Step left to left side swinging hips left, right, left, left

### **REPEAT**