

# TURN ME LOOSE

LINEDANCE.COM

**Count:** 48

**Wall:** 4

**Level:** —

**Choreographer:** Peter Metelnick

**Music:** The Jock Jam by Various

## KICK-STEPS, CROSS, UNWIND, SIDE SHUFFLE LEFT, STEP-HEEL, STEP-CROSS

- 1&** Kick right foot across left leg, step right foot together
- 2&** Kick left foot across right leg, step left foot together
- 3** Cross right foot over left foot and step
- 4** Unwind  $\frac{1}{2}$  to left with weight on right foot (clap optional)
- 5&6** Side shuffle to left, left-right-left (step left foot to left, step right foot together, step left foot to left)
- &7** Step back on right foot, touch left heel forward
- &8** Step back on left foot, cross right foot over left foot and step

## $\frac{1}{4}$ TURN LEFT, FORWARD SHUFFLE, PIVOT TURN, STOMP TWICE, MODIFIED RUNNING MAN

- 9&10** Turn  $\frac{1}{4}$  left and shuffle forward, left-right-left (step left foot forward, step right foot together, step left foot forward)
- 11** Step right foot forward
- 12** Pivot  $\frac{1}{2}$  to left on right foot and step down on left foot
- 13-14** Stomp right foot forward, stomp left foot forward
- &15** Hitch right knee up and slide left foot back, step right foot slightly forward
- &16** Hitch left knee up and slide right foot back, step left foot slightly forward

## CROSS-ROCK-STEP, CROSS-ROCK-STEP, APART, TOGETHER, KICK-BALL-CHANGE

- 17&18** Cross right foot over left foot and rock forward, recover weight on left foot, step right foot together
- 19&20** Cross left foot over right foot and rock forward, recover weight on right foot, step left foot together
- &21** Moving slightly backward, step right foot to right side, step left foot to left side
- &22** Continuing to move backward, step right foot in, step left foot together

**23&24** Kick right foot forward, step back on ball of right foot, step left foot together

**½ PIVOT TURN, RIGHT HEEL ROCK, RIGHT COASTER STEP, ½ PIVOT TURN**

**25-26** Step right foot forward, pivot ½ to left on right foot and step down on left foot (left foot is forward)

**27** Rock forward on right heel

**28** Recover weight on left foot

**29&30** Step back on right foot, step left foot together, step right foot forward

**31-32** Step left foot forward, pivot ½ to right on left foot and step down on right foot (right foot is forward)

**LEFT HEEL ROCK, LEFT COASTER STEP, RIGHT FORWARD SHUFFLE, FORWARD FULL SPIN RIGHT**

**33** Rock forward on left heel

**34** Recover weight on right foot

**35&36** Step back on left foot, step right foot together, step left foot forward

**37&38** Shuffle forward, right-left-right (step right foot forward, step left foot together, step right foot forward)

**39-40** Step left foot forward, turning ½ to right, complete full turn by stepping on right foot and turning ½ to right (continuing in forward direction)

**MEXICAN HAT DANCE, HEEL TOUCHES, SHUFFLE BACK, ½ TURN TO BACK, STEP TOGETHER**

**41&** Touch left heel forward, step left foot together

**42&** Touch right heel forward, step right foot together

**43-44** Touch left heel forward 2 times (weight on right foot)

**45&46** Step back on left foot, step right foot together, step back on left foot

**47-48** Step right foot back, turning ½ to right, step left foot together

**REPEAT**

**Peter suggests trying the steps below as a funky alternative for the last 8 counts:**

**MEXICAN HAT DANCE, HEEL-STEP-HEEL, FUNKY HOPS AND ½ TURN**

**41&** Touch left heel forward, step left foot together

- 42&** Touch right heel forward, step right foot together
- 43&44** Touch left heel forward, step left foot together, touch right heel forward
- &45** Hitch right knee up and hop back on left foot, step right foot back
- &46** Hitch left knee up and hop back on right foot, step left foot back
- &47** Hitch right knee up and hop back on left foot turning  $\frac{1}{2}$  to right, step right foot forward
- &48** Hitch left knee up and hop back on right foot, step left foot down

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=44170](https://www.linedance.com/index.php?f=dance_view&id=44170)