

Shake It Mamma

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Count: 64

Wall: 4

Level: Low Intermediate

Choreographer: Wil Bos (Nov 2014)

Music: "Shake It Mamma (radio edit)" by Tom Boxer ft. Antonia (album: Megahits 2011 Vol. 01, CD 1)
128 bpm

Intro 32 counts

Out Out, In In, Heel Ball Step, Step Pivot ½ Left

1-4RF step right forward (out), LF step side (out), RF step back to centre, LF step beside

5&6RF dig heel forward, RF step beside on ball foot, LF step forward

7-8RF step forward, R+L ½ turn left [6]

Out Out, In In, Skate R L, Shuffle Fwd

1-4RF step right forward (out), LF step side (out), RF step back to centre, LF step beside

5-7&8RF skate forward, LF skate forward, RF step forward, LF step beside, RF step forward
[6]

Rock Fwd Recover, Full Triple Turn L, ¼ R Jazz Box Cross

1-2LF rock forward, RF recover

3&4LF ½ left and step in place, RF step beside, LF ½ left and step in place

5-8RF cross over, LF ¼ right and step back, RF step side, LF cross over [9]

Point & Point & Point Hook, Shuffle Fwd, Rock Fwd Recover

1&2&RF point side, RF step beside, LF point side, LF step beside

3-4RF point side, RF ¼ right and hook across

5&6RF step forward, LF step beside, RF step forward

7-8LF rock forward, RF recover [12] *tag + restart 3rd wall

Coaster Step, Rock Fwd Recover, Full Turn R, ¼ R Chassé

1&2LF step back, RF close, LF step forward

3-4RF rock forward, LF recover

5-6RF ½ right and step forward, LF ½ right and step back

7&8RF ¼ right and step side, LF close, RF step side [3]

Jazz Box ¼ L, Jazz Box ¼ L Touch

1-4LF cross over, RF ¼ left and step back, LF step side, RF step forward

5-8LF cross over, RF ¼ left and step back, LF step side, RF touch beside [9]

Rolling Vine Touch, Chassé L, Rock Back Recover

1-2RF ¼ right and step forward, LF ½ right and step back

3-4RF ¼ right and step side, LF touch beside

5&6LF step side, RF close, LF step side

7-8RF rock back, LF recover [9] *restart 6th wall

Touch Fwd With Hip Bump x2, Step Pivot ½ L x2

1-2RF touch right diagonal forward with hips forward, RF step beside

3-4LF touch left diagonal forward with hips forward, LF step beside

5-8RF step forward, R+L ½ turn left, RF step forward, R+L ½ turn left [9]

Start again

Tag + Restart

Dance the 3rd wall up to and including count 32 (count 8 of the 4th section), add::

1&2LF step back, RF close, LF step forward

&3&4RF jump right forward, LF touch beside, LF jump left forward, RF touch beside, and start again

Restart: Dance the 6th wall up to and including count 56 (count 8 of the 7th section) and start again

Note: During the 6th wall the beat falls off; don't slow down!!!!!!, keep dancing at the same rate.

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=100979