

US GIRLS

LINEDANCE.COM

Count: 32

Wall: 4

Level: beginner/intermediate

Choreographer: Lois Lightfoot

Music: Us Girls by Lorrie Morgan

MAMBO FORWARD, MAMBO BACK, SIDE & ACROSS. SIDE & ¼ TURN RIGHT

- 1&2** Rock forward onto right, recover weight onto left, step right back in place
- 3&4** Rock back onto left foot, recover weight onto right, step left back in place
- 5&6** Rock right foot out to side, recover onto left, step right foot across left foot
- 7&8** Rock left foot out to side, recover onto right making ¼ turn right, step left next to right

ROCK SIDE & ACROSS, STEP SIDE, BEHIND, SIDE, MAMBO FORWARD, MAMBO BACK

- 9&10** Rock right foot out to side, recover weight onto left foot, step right foot over left
- 11&12** Step left foot to side, step right foot behind left, step left foot to side
- 13&14** Cross rock right over left, recover weight onto left foot, step right foot to right side
- 15&16** Rock left foot behind right foot, recover weight onto right foot, step left foot to left side

CROSS ROCK ¼ TURN RIGHT, STEP LOCK FORWARD, ROCK SIDE STEP ACROSS RIGHT & LEFT

- 17&18** Cross rock right over left, recover weight onto left foot, step right to side making ¼ turn right
- 19&20** Step left foot forward, lock right foot behind left foot, step left foot forward
- 21&22** Rock right out to side, recover weight onto left, step right across left
- 23&24** Rock left foot out to side, recover weight onto right foot, step left across right

STEP SIDE, BEHIND, SIDE, CROSS ROCK ¼ TURN, STEP PIVOT ½ TURN, STEP LOCK FORWARD

- 25&26** Step right foot to side, step left foot behind right, step right foot to side
- 27&28** Cross rock left foot over right, recover weight onto right foot, step left ¼ turn to left
- 29&30** Step right foot forward, pivot ½ turn to left, step right foot forward
- 31&32** Step left foot forward, lock right foot behind left, step left foot forward

Steps 31 & 32, can be replaced with a full turn forward over right shoulder

REPEAT

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=44815