

# Rockin' That Body Body

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**Count:** 64

**Wall:** 2

**Level:** Intermediate / Advanced

**Choreographer:** Michele Perron , DANCE Expressions (Dec 2009)

**Music:** Body, Body - Massari (128 bpm)

## **Introduction: 48 Counts**

### **Sec. I (1- 8) ACROSS, BACK, SIDE; L CHA FORWARD, FORWARD-BACK, CHA CHA TURN**

**1,2,3 RIGHT Step across front of L; LEFT Step back; RIGHT Step side R**

**4&5 LEFT Cha Cha forward (locking)**

**6,7 RIGHT Break/Step forward; LEFT Recover/Step back**

**8&1** Turn 1/2 R with RIGHT Cha Cha (locking) (6 o'clock)

### **Sec. II (9-16) FORWARD, TURN, L CROSSING CHA, SIDE/ROCK, RECOVER/SIDE, R CROSSING CHA**

**2,3 LEFT Step forward; Turn 1/4 R with RIGHT Step side R (9 o'clock)**

**4&5 LEFT Crossing Cha Cha (L across front of R, R side R, L across front of R)**

**6,7 RIGHT Rock/Step side R; LEFT Recover/Step side L**

**8&1 RIGHT Crossing Cha Cha (R across front of L, L side L, R across front of L)**

### **Sec.III (17-24) TURN, DRAG, RUN-RUN-RUN, FORWARD, BACK, RUN-RUN-RUN**

**2,3** Turn 1/4 L with LEFT Step forward; RIGHT 'Drag' to L (6 o'clock)

**4&5 RIGHT, LEFT, RIGHT Steps forward**

**6,7 LEFT Break/Step forward; RIGHT Recover/Step back**

**8&1 LEFT, RIGHT, LEFT Steps back**

### **Sec.IV (25-32) BACK, FORWARD, FORWARD-TURN, FORWARD-TURN, FORWARD-TURN (3 Paddle Turns)**

**2,3 RIGHT Break/Step back; LEFT Recover/Step forward**

**4,5 RIGHT Step forward; Turn 1/4 L with LEFT Step side L (3 o'clock)**

**6,7 RIGHT Step forward; Turn 1/4 L with LEFT Step side L (12 o'clock)**

**8,1 RIGHT Step forward; Turn 1/4 L with LEFT Step side L (9 o'clock)**

**Sec.V (33-40) TOUCH, HOLD CHA CHA SIDE: REPEAT**

**2,3 RIGHT Toe/Touch across front of L; HOLD**

**4&5 RIGHT Cha Cha side R**

**6,7 LEFT Toe/Touch across front of R; HOLD**

**8&1 LEFT Cha Cha side L**

**Sec.VI (41-48) BACK, FORWARD, TURN, BACK, BACK, FORWARD, CHA CHA FORWARD**

**2,3 RIGHT Rock/Step back; LEFT Recover/Step forward**

**4,5 Turn 1/2 L with RIGHT Step back; LEFT Step back (3 o'clock)**

**6,7 RIGHT Rock/Step back; LEFT Recover/Step forward**

**8&1 RIGHT Cha Cha forward**

**Sec.VII (49-56) FORWARD, TURN, FORWARD, TURN, ACROSS, BACK, SIDE**

**2,3 LEFT Step forward; Turn 1/2 R with RIGHT Step forward (9 o'clock)**

**4,5 LEFT Step forward; Turn 1/2 R with RIGHT Step forward (3 o'clock)**

**6,7,8 LEFT Step across front of R; RIGHT Step back; LEFT Step side L**

**Sec.VIII (57-64) SIDE, TOUCH 3X, SIDE, HOLD**

**1,2 RIGHT Step side R with 1/4 Turn L; LEFT Toe/Touch beside R (12 o'clock)**

**3,4 LEFT Step side L; RIGHT Toe/Touch beside L**

**5,6 RIGHT Step side R with 1/2 Turn L; LEFT Toe/Touch beside R (6 o'clock)**

**7,8 LEFT Step side L; HOLD**

**BRIDGE: 8 Counts**

**1,2 RIGHT Step across front of L; LEFT Step back**

**3,4 RIGHT Step side R; LEFT Step forward**

**5,6,7,8** Circle Hips or Hip Bumps, weight ends on L or Use these 8 Counts for your own choreography and do something with your 'Body Body'...Smiles

**Bridge occurs on front wall two times**

**Dance: 64, 64, Bridge, 64, 64, Bridge, 64....**

**Begin Again**

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