

# TERRIFIED

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**Count:** 64      **Wall:** 2      **Level:** beginner/intermediate

**Choreographer:** Amund Storsveen & Monica Lind Emmerud

**Music:** Relax, Take it easy by Mika

## STOMP TWICE, HAND MOVEMENTS

- 1-2      Stomp left foot diagonally forward, stomp right foot right
- 3-4      Raise both arms up in the air, bend elbow so hands meet (palms out)
- 5-8      Lower hands down in front of upper body

## CROSS, POINT X 3, CROSS, POINT, CROSS POINT

- 9-10      Step left foot across right, point right toe right
- 11-12      Point right toe across left, point right toe right
- 13-14      Step right foot across left, point left toe left
- 15-16      Step left foot across right, point right toe right

## STEP, PIVOT ½ TURN LEFT, RIGHT SHUFFLE, TURN ½, TURN ¼, LEFT SHUFFLE

- 17-18      Step right foot forward, pivot ½ turn left
- 19&20      Shuffle forward right, left, right
- 21-22      Make ½ turn right stepping back on left, make ¼ turn right stepping right to right
- 23-24      Shuffle forward left, right, left

## ROCK, RECOVER, RIGHT COASTER STEP, STEP, PIVOT ½ TURN RIGHT, FULL TURN

- 25-26      Rock forward on right, recover back onto left
- 27&28      Step back on right, step left beside right, step forward right
- 29-30      Step left foot forward, pivot ½ turn right
- 31-32      Make ½ turn right stepping left back, make ½ turn right stepping right forward

## ROCK, RECOVER & ROCK, RECOVER TURN ROCK, RECOVER & ROCK, RECOVER

- 33-34&      Rock left to left, recover onto right, step left beside right
- 35-36&      Rock right to right, recover onto left, step right beside left and turn ½ right on ball of right foot
- 37-38&      Rock left to left, recover onto right, step left beside right

**39-40** Rock right to right, recover onto left

**SAILOR STEP ¼ TURN RIGHT, LEFT SHUFFLE, STEP, PIVOT ½ LEFT, STEP, PIVOT ½ LEFT**

**41&42** Cross right behind left turning ¼ right, step left beside right, step right forward

**43&44** Step left forward, step right beside left, step left forward

**45-46** Step right forward, pivot ½ left

**47-48** Step right forward, pivot ½ left

**RIGHT SHUFFLE, STEP, FULL TURN RIGHT, RIGHT SHUFFLE, ROCK, RECOVER**

**49-50** Step right foot forward, step left beside right, step right foot forward

**51-52** Step left foot forward, on ball of left foot pivot full turn right (ending with right crossing over left)

**53&54** Shuffle forward right, left, right

**55-56** Rock left forward, recover onto right

**Restart dance after count 56 during wall 1 and 3**

**TURN ¼ LEFT AND STEP, TOUCH AND CLAP X 4**

**57-58** Turn ¼ left and step left, touch right beside left and clap hands

**59-60** Turn ¼ left and step right, touch left beside right and clap hands

**61-62** Turn ¼ left and step left, touch right beside left and clap hands

**63-64** Turn ¼ left and step right, touch left beside right and clap hands

**REPEAT**

**TAG**

**Danced after the 2nd wall only**

**LEFT HEEL TOUCHES, LEFT COASTER STEP, STEP, PIVOT ½ TURN LEFT, RIGHT SHUFFLE TWICE**

**1-2** Touch left heel forward twice

**3&4** Step back on left, step right beside left, step forward left

**5-6** Step right foot forward, pivot ½ turn left

**7&8** Shuffle forward right, left, right

**9-16** Repeat counts 1-8

## **Dedicated to the hard working people at Fløyenrock 2007 (Bergen, Norway)**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=42470](https://www.linedance.com/index.php?f=dance_view&id=42470)