

# Rolling In The Deep

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Maggie Gallagher (Jan 2011)

**Music:** Rolling in the Deep by Adele

## Intro: 8 counts (6 secs)

### S1: TOUCH & HEEL & CROSS & HEEL & KICK & TOUCH, BUMP FORWARD, BUMP BACK

- 1&2** Touch left next to right, Step back on left, Tap right heel forward on right diagonal
- &3&4** Step right next to left, Cross left over right, Step back on right, Tap left heel forward on left diagonal [11:00]
- &5&6** Step left next to right, Kick right forward, Step right next to left, Touch left in front of right [11:00]
- 7-8** Bump forward on to left knee, Bump back on to right [11:00]

### S2: COASTER STEP, STEP HITCH TURN, WALK L, WALK R, LOCK STEP

- 1&2** Step back on left, Step right next to left, Step forward on left [11:00]
- 3&4** Step forward on right, Ronde hitch left knee across right, On ball of right spin 5/8 turn right [6:00]
- 5-6** Walk left, Walk right
- 7&8** Step forward on left, Lock right behind left, Step forward on left

### S3: STEP PIVOT $\frac{1}{2}$ , WALK, TRIPLE FULL TURN, STOMP R, FORWARD MAMBO STEP

- 1-2-3** Step forward on right,  $\frac{1}{2}$  pivot left, Walk forward on right [12:00]
- 4&5** Triple full turn right stepping left right left travelling forwards (alternative left shuffle) [12:00]
- 6** Stomp forward on right
- 7&8** Step forward on left, Step right in place, Step slightly back on left

### S4: POINT & POINT, L SAILOR $\frac{1}{4}$ TURN, SAMBA STEP x 2

- 1&2** Point right to right side, Step right next to left, Point left to left side
- 3&4**  $\frac{1}{4}$  turn left crossing left behind right, Step right to right side, Step left to left side [9:00]
- 5&6** Cross right over left, Rock left to left side, Recover on right

**7&8** Cross left over right, Rock right to right side, Recover on left

### **S5: ROCK RECOVER, TRIPLE FULL TURN, ROCK RECOVER, FULL TURN LEFT**

**1-2** Rock forward on right, Recover on left

**3&4** Full triple turn right stepping right left right (alternative right coaster step) [9:00]

**5-6** Rock forward on left, Recover on right

**7-8½ turn left stepping forward on left, ½ turn left stepping back on right [9:00]**

### **S6: COASTER STEP, WALK R, L, STEP ½ TURN STEP, & WALK R, L**

**1&2** Step back on left, Step right next to left, Step forward on left

**3-4** Walk right, Walk left

**5&6** Step forward on right, ½ turn left stepping on left, Step forward on right [3:00]

**&7-8** Step left next to right, Walk right, Walk left

### **S7: POINT HITCH CROSS, POINT HITCH CROSS, ROCK RECOVER, BEHIND SIDE CROSS**

**1&2** Point right to right side, Hitch right knee over left, Cross right over left

**3&4** Point left to left side, Hitch left knee over right, Cross left over right

**5-6** Rock right to right side, Recover on left

**7&8** Cross right behind left, Step left to left side, Cross right over left

### **S8: ROCK RECOVER, SAILOR ¼ TURN, ROCKING CHAIR & CROSS & HEEL &**

**1-2** Rock left to left side, Recover on right

**3&4** Cross left behind right, ¼ turn right stepping forward on right, Step forward on left [6:00]

**5&6&** Rock forward on right, Recover on left, Rock back on right, Recover on left,

**7&8&** Cross right over left, Step back on left, Tap right heel forward, Step right next to left