

Young Hearts

LINEDANCE.COM

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Marie Sørensen (Sunshine Cowgirl) - DK - June 2013

Music: "Young Hearts (Run free)" by Gloria Estefan. Album: Desperate Housewives Soundtrack
[www.legalsounds.com]

Intro: 24 Counts

SWAY, SWAY, RUMBA, SWAY, SWAY, CHASSE ¼ TURN LEFT

- 1-2 Step right to right side and sway right, left
- 3&4 Step right to right side, step left next to right, step fwd. right
- 5-6 Step left to left side and sway left right
- 7&8 Step left to left side, step right next to left, ¼ turn left, step fwd. left (09:00)

HIP BUMPS RIGHT, LEFT, CROSS, BACK, BACK, HOOK

- 1&2 Touch right toe fwd. bump your hips right, left, right
- 3&4 Touch left toe fwd. bump your hips fwd. left, right, left
- 5-6 Cross right over left, step back on left
- 7-8 Step a big step back on right, drag left next to right & hook left up in front of right (09:00)

STEP FWD. LEFT, TOUCH, SWAY, SWAY, SAMBA STEP RIGHT, CROSS, BACK ¼ TURN

- 1-2 Step fwd. left, touch right beside left
- 3-4 Step right to right side, sway right, left

Restart the dance here during wall 3 & 8

- 5&6 Cross right over left, rock left to left side, recover
- 7&8 Cross left over right, step back on right, ¼ turn left, step left to left side (06:00)

SAMBA STEP RIGHT, CROSS, BACK ¼ TURN, SWAY, SWAY, PRIZZY WALK

- 1&2 Cross right over left, rock left to left side, recover
- 3&4 Cross left over right, step back on right, ¼ turn left, step left to left side
- 5-6 Step right to right side and sway right, left
- 7-8 Cross right over left, cross left over right (03:00)

RESTARTS:-

During wall 3 - After 20 Counts - Facing 03:00

During wall 8 - After 20 Counts - Facing 12:00

Have Fun!

Contact: www.sunshine-cowgirl-linedance.dk - sunshinecowgirl1960@gmail.com

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=93077