

We Only Live Once

LINEDANCE.COM

Count: 64 **Wall:** 4 **Level:** Intermediate

Choreographer: Robbie McGowan Hickie - UK (Nov 2014)

Music: Shannon Noll - We Only Live Once

Intro: 32 Count from Vocals

S1: 2 x Walks Forward. Step. Pivot 1/2 Turn Right. Step. 2 x Walks Forward. Step. Pivot 1/2 Turn Left. Step.

- 1 - 2** Walk forward on Left. Walk forward on Right.
- 3&4** Step forward on Left. Pivot 1/2 turn Right. Step forward on Left.
- 5 - 6** Walk forward on Right. Walk forward on Left.
- 7&8** Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. (12 o'clock)

S2: Dorothy Step Diagonally Forward (Left & Right). & Forward Rock. Left Coaster Cross.

- 1 - 2&** Step Left Diagonally forward Left. Lock Right behind Left. Step Left Diagonally forward Left.
- 3 - 4&** Step Right Diagonally forward Right. Lock Left behind Right. Step Right Diagonally forward Right.
- 5 - 6** Rock forward on Left. Rock back on Right.
- 7&8** Step back on Left. Step Right beside Left. Cross step Left over Right. (12 o'clock)

S3: Side Step Right. Behind. & Heel Jack. & Touch. & Left Heel-Ball-Cross. 2 x 1/4 Turns Right.

- 1 - 2&** Step Right to Right side. Cross Left behind Right. Step ball of Right to Right side.
- 3&4** Touch Left heel Diagonally forward Left. Step Left back to place. Touch Right toe beside Left.
- &** Step ball of Right to Right side.
- 5&6** Touch Left heel Diagonally forward Left. Step Left back to place. Cross step Right over Left.
- 7 - 8** Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side. (6:00)

S4: Cross Rock. Chasse 1/4 Turn Left. 2 x 1/2 Turns Left. Right Mambo Forward.

- 1 - 2** Cross rock Left over Right. Rock back on Right.

- 3&4** Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.
- 5 - 6** Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.
- 7&8** Rock forward on Right. Rock back on Left. Step back on Right. (3 o'clock)

S5: 2 x Walks Back. Left Sailor. Right Sailor 1/4 Turn Right. Left Shuffle Forward.

- 1 - 2** Walk back on Left. Walk back on Right.
- 3&4** Cross Left behind Right. Step Right to Right side. Step Left to Left side.
- 5&6** Cross Right behind Left. Make 1/4 turn Right stepping Left beside Right. Step forward on Right.
- 7&8** Left shuffle forward stepping Left. Right. Left. (6 o'clock)

S6: Step. Pivot 1/2 Turn Left. Right Kick-Ball-Step Forward. Heel Switches & Right Lock Step Forward

- 1 - 2** Step forward on Right. Pivot 1/2 turn Left.
- 3&4** Kick Right forward. Step ball of Right beside Left. Step forward on Left. (12 o'clock)
- 5&6** Touch Right heel forward. Step Right back to place. Touch Left heel forward.
- &7&8** Step Left back to place. Step forward on Right. Lock step Left behind Right. Step forward on Right.

S7: Left Cross Rock. & Right Cross Rock. & Cross. 1/4 Turn Left. Left Shuffle 1/2 Turn Left.

- 1 - 2&** Cross rock Left over Right. Rock back on Right. Step Left to Left side.
- 3 - 4&** Cross rock Right over Left. Rock back on Left. Step Right to Right side.
- 5 - 6** Cross step Left over Right. Make 1/4 turn Left stepping back on Right.
- 7&8** Left shuffle making 1/2 turn Left stepping Left. Right. Left. (3 o'clock)

S8: Right Mambo Forward. Left Coaster Step. Forward Rock. Right Shuffle 1/2 Turn Right.

- 1&2** Rock forward on Right. Rock back on Left. Step back on Right.
- 3&4** Step back on Left. Step Right beside Left. Step forward on Left.
- 5 - 6** Rock forward on Right. Rock back on Left.
- 7&8** Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 9 o'clock)