

# Sugar Honey I.T.

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Johanna Barnes (Sept 2015)

**Music:** Sugar.Honey.Ice.Tea by Charlie Wilson

## #32 count intro

**Clock notation begins on your start wall as 12:00.**

**Each phrase will carry a new 12:00 start wall,  $\frac{1}{4}$  right of the previous phrase.**

**[1~8]: R PRESS-RETURN, L PRESS-RETURN, GROOVE-TAPS BACK, L HEEL TAP**

**1, 2 &R press forward (1); recover weight onto L (2); R step next to L (&)**

**3, 4L press forward (3); recover weight onto R (4)**

**& 5 & 6small step back onto L (&); R tap ball of foot next to L (5); small step back onto R (&); L tap ball of foot next to R (6)**

**& 7 & 8small step back onto L (&); R tap ball of foot next to L (7); small step back onto R (&); L heel tap to left side (8)**

**Styling: As you press with R, open to left, switch at center then open to right as you press L.**

**Rotate hips as you travel back with the step taps, and utilize arms up and down and side-to-side!**

**[&9~16]: TOGETHER, R CROSS, L ROCK-RECOVER CROSS, SIDE, L BACK CROSS, R OUT, L OUT, R STANKY KNEE**

**& 1L step next to R (&); R step across L (1)**

**2 & 3, 4L rock out to L side (2); recover onto R (&); L step across R (3); R step to R side (4)**

**5 & 6L small cross behind R (5); R small step out to right side (&); L small step out to weight (6)**

**7, 8dip R knee down and toward L, flair R heel outward (7); recover to weight R (8)**

**Styling: 'Throw' your right hand inward with your knee bend**

**[&17~24]: TOGETHER, R CROSS-HOLD/ HAND STYLING x2, L KNEE HITCH, L BALL-BACK, L STEP, ¼ TURN R, L STEP**

**& 1, 2L step next to R (&); R step across L\* (1); hold \* (2)**

**& 3L small step to left side \* (&); R step across L\* (3)**

**4 & 5L knee hitch forward\*\* (4); rock back onto ball of L (&); recover weight forward onto R (5)**

**6, 7, 8L step forward (6); push ¼ turn right onto R [3:00\*\*] (7); L step forward (8)**

**\*Styling: Bend knees as you R cross (1, 3), with outward hands/ finger snaps (out on 1, 2, 3)**

**[&25~32]: R HOP-STEP FWD, HOLD, L HOP-STEP BACK, HOLD, R STEP ½ TURN L x 2**

**& 1, 2slight push step forward onto R (&); touch L forward next to R (1); hold (2)**

**& 3, 4slight push step back onto L (&); touch (or step) R back next to L (3); hold (or fwd on L) (4)**

**5-8R step forward (5); push ½ turn left onto L [9:00\*\*] (6); R step forward (7); push ½ turn left onto L [3:00] (8)**

**RESTARTS: Occur on phrases 2 and 5 after the first 16 counts plus the next '&' count of 3rd section.**

**\*\*For comfort of body movement, there should be a slight angle toward 11:00 when you hitch and step forward, and toward 4:00 when you do the ¼ turn. Go with it and adjust toward 3:00 as you proceed to the start of the next phrase!**

**(BEGIN AGAIN, and most certainly DWYF!)**

**Copyright © Johanna Barnes, please do not alter this step description without written permission from the choreographer.**

**This step description is intended to be a guideline. Dance demos and visual references may be found on the DanceWhatYouFeel YouTube channel.**

**<http://www.youtube.com/user/DanceWhatYouFeel>**

**Contact: [Johanna@dancewhatyoufeel.com](mailto:Johanna@dancewhatyoufeel.com) ~ [www.dancewhatyoufeel.com](http://www.dancewhatyoufeel.com) ~  
203.464.5322**

**Last Update - 14th Feb. 2016**

---

Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=106685](https://www.linedance.com/index.php?f=dance_view&id=106685)