

Ugly Heart

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Count: 64 **Wall:** 2 **Level:** High Intermediate

Choreographer: Michael O'Shea , Ireland - October 2017

Music: Ugly Heart by G.R.L. available on download or on single.

#32 count intro. Start on vocals.

S1: Knee, turn $\frac{1}{4}$, kick ball change, switch turn, step $\frac{1}{2}$, side $\frac{1}{4}$

1-2 Bring right knee in beside left, on ball of left foot turn $\frac{1}{4}$ turn right

3&4kick right foot, replace weight onto right, step onto left (kick ball change)

5-6step fwd right, pivot $\frac{1}{2}$ turn left,

7-8turning $\frac{1}{2}$ turn left step back on right, turning $\frac{1}{4}$ turn left step left to left side.(12.00)

S2: Rock step & cross, side, behind & cross, step $\frac{1}{4}$ X2

1-2rock right across left, replace weight to left,

&3-4step onto right (&), cross left over right, step right to right side,

5&6step left behind right, step right to right side, cross left over right,

7-8turning $\frac{1}{4}$ left step right back, turning $\frac{1}{4}$ turn left step left to left side (6.00)

S3: Charleston, Monterey $\frac{1}{2}$ turn & cross side

1-2(facing left diagonal) step fwd right, kick left foot fwd,

3-4step back left, point right to right side

5-6turning $\frac{1}{2}$ turn right close right beside left, point left to left side (Monterey turn)

&7-8close left to right (&), cross right over left, step left to left side,

S4: HOLD, close side, $\frac{1}{4}$ rock, side rock, cross back

1&2HOLD, close right to left, step left to left side

3-4turning $\frac{1}{4}$ turn right rock back right, replace weight to left

5-6rock right to right side, replace weight to left

7-8cross right over left, step back left

S5: Side, cross, chasse right, back rock, shuffle ¼ turn

1-2step right to right side, cross left over right (completing a jazz box)

3&4step right to right, close left beside right, step right to right side

5-6rock back left, replace weight to right

7&8turning ¼ turn left shuffle fwd left, right, left

S6: Spiral turn, step, sweep ¼ turn left, cross, side, behind, point

1-2step fwd right, complete a full spiral turn left, (12.00)

3-4step fwd left, sweep right around ¼ turn left, (9.00)

5-6cross right over left, step left to left side

7-8step right behind left, point left to left side

S7: ¼ turn point, cross point, close point hold X2,

1-2step left ¼ turn left, point right to right side,

3-4touch right across left, point right to right side *RESTART*** here on walls 2 & 4 facing 12.00.**

&5-6close right to left, point left to left side, HOLD

&7-8close left to right, point right to right side, HOLD

S8: & heel switches & slow mambo left, toe switches X3

&1&2close right to left, touch left heel fwd, close left to right, touch right heel fwd,

&3-4-5close right to left, rock fwd left, replace weight to right, step back left,

6&7&8point right to right side, close right beside left, point left to left, close left beside right, point right to right side.

Begin Again & Enjoy.

****TAG** At the end of wall 5**

Tap right heel for 4 counts as you raise your arms shoulder height.

Contact: dancecrazyireland@gmail.com - www.inline.ie

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