

# Take These Days

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**Count:** 64

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Maggie Gallagher (Oct 2014)

**Music:** These Days by Take That (Amazon)

## Intro: 32 counts

### S1: WALK R, L, ANCHOR STEP, BACK, CROSS & WALK R, L

- 1-2 Walk right, Walk left
- 3&4 Cross right behind left, Step weight on left, Step back on right
- 5-6 Step back on left, Cross right over left
- &7-8 Step back on left, Walk right, Walk left

### S2: WALK R, MAMBO STEP, BACK, ¼, CROSS, ¼, ½

- 1-2&3 Walk right, Rock forward on left, Recover on right, Step back on left
- 4-5 Walk back on right, ¼ left stepping left to left side [9:00]
- 6-7 Cross right over left, ¼ right stepping back on left [12:00]

### 8½ right stepping forward right [6:00]

### S3: POP, POP, MAMBO ¼, CROSS, ¼, ½, WALK

- 1 Step forward left closing right next to left popping R knee forward
- 2 Step forward right closing left next to right popping left knee forward
- 3&4 Rock forward left, Recover on right, ¼ left stepping left to left side [3:00]
- 5-6 Cross right over left, ¼ right stepping back on left [6:00]

### 7-8½ right stepping forward on right, Walk forward on left [12:00]

### S4: CROSS ROCK & CROSS ROCK & POINT FRONT- SIDE- BEHIND- SIDE

- 1-2& Cross rock right over left, Recover on left, Step right to right side
- 3-4& Cross rock left over right, Recover on right, Step left to left side
- 5-6 Point right toe across left, Point right toe to right side
- 7-8 Point right toe stretched behind left and looking to left, Point right toe to right side

### RESTARTS: Walls 3 & 6

### **S5: WALK, KICK & TOUCH, BUMP & BUMP, BUMP, ¼ SWIVEL, CROSS**

**1-2&3** Walk right, Kick left forward, Step left next to right, Touch right next to left

**4&5** Bump back on right, Bump forward on left, Bump back on right

**Note: Hip bumps should be more stylish with straight, bent, straight knees and slightly angled diagonally**

**6-7** Bump forward on left, ¼ swivel right keeping weight on right [3:00]

**8** Cross left over right

### **S6: SIDE ROCK CROSS, SIDE ROCK CROSS, STEP, TAP BEHIND, STEP, TAP BEHIND**

**1&2** Rock right to right side, Recover on left, Cross right over left

**3&4** Rock left to left side, Recover on right, Cross left over right

**5-6** Step right to right side raising arms up, Tap left toe behind right bringing arms down

**7-8** Step left to left side raising arms up, Tap right toe behind left bringing arms down RESTART:  
Wall 1

### **S7: SIDE ROCK, CROSS SAMBA, CROSS, SIDE, CROSSING SHUFFLE**

**1-2** Rock right to right side, Recover on left

**3&4** Cross right over left, Rock left to left side, Recover on right

**5-6** Cross left over right, Step right to right side

**7&8** Cross left over right, Step right to right side, Cross left over right

### **S8: SIDE, BEHIND, SWEEP, WALK FULL CIRCLE L, WALK, TOUCH**

**&1** Small step right to right side, Cross left behind right ronde sweeping right toe from front to back,

**2** Cross right behind left

**3-4¼ left walking forward on left, ¼ left walking forward on right**

**5-6¼ left walking forward on left, ¼ left walking forward on right**

**7-8** Walk forward on left, Touch right next to left

### **RESTARTS:**

**Wall 1 after 48 counts [3.00]**

**Wall 3 after 32 counts [6:00]**

**Wall 6 after 32 counts [12:00]**

**ENDING: Wall 8 after 48 counts unwind ½ right to face 12:00**

**CHOREOGRAPHED ESPECIALLY FOR KEELEY'S CHARITY EVENT HELD IN OXFORD ON  
SATURDAY 18 OCTOBER 2014**

**DEDICATED TO THE ALZHEIMER'S SOCIETY**

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