

# WABASH ROCK

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**Count:** 32

**Wall:** 2

**Level:** intermediate

**Choreographer:** Todd Lescarbeau

**Music:** Wabash Cannonball by The GrooveGrass Boyz

## STEP-HITCHES WITH FINGER SNAPS, SYNCOPATED JAZZ-BOX

**1-2** Step forward on right, hitch left knee as you snap fingers (hands move downward)

**3-4** Step forward on left, hitch right knee as you snap fingers (hands move downward)

**When stepping forward, an option would be to cross the "stepping foot" over and follow with the hitch of the knee**

**5-6** Step forward on right, hitch left knee while snapping fingers

**7&8** Cross and step left over right, step back on right, step left beside right

## TOE BACK, ½ TURN RIGHT, STEP, CLAP, OUT RIGHT-OUT LEFT, ½ LEFT WITH JUMPS

**1-2** Touch right toe back, turn ½ right placing weight on right foot

**3-4** Step left next to right, clap hands!

**5-6** Step right foot to side, step left foot to side (feet approx. 12-18" apart) see below for hand movements

**7&8** Turning to 1/8 left, slightly jump moving feet in (approx. 3"), continue to turn another 1/8 left moving feet inward another 3", finish rotating another ¼ left moving feet together

**Hand movements: As you step right foot to right, bring right hand out to side palm facing out. Repeat same movement for the "left step to side." As you turn ½ left bring arms in crossing in front of chest. Palms resting just below the shoulders**

## SIDE-ROCK, CROSS, TOUCH, ¼ TURN LEFT WITH HOOK, SHUFFLE STEP, HIP BUMPS

**1&2** Step right foot to right, recover onto left foot, cross-step right foot over left

**3-4** Touch left toe out to side, turn ¼ left and hook left foot over right shin

**5&6** Shuffle step forward left-right-left

**7-8** Step forward on right and bump hips forward two times

**Hand movements: As you bump hips forward, take right hand and pull in a downward motion (simulating pulling the cord of a train whistle)**

## **SYNCOATED ROCKS, RIGHT KICK FORWARD, ¼ TURN LEFT, SLAP HEEL**

**Hand movements: While executing the "syncopated rock steps", try a circular motion of the hands -- palms face in towards waist fingers extended (but not fanned) moving: forward, down and up**

- 1&2&** Rock forward on left, recover onto right, rock back on left, recover onto right
- 3&4&** Rock forward on left, recover on right, rock forward on left, recover on right
- 5&6** Rock back on left, recover on right, rock forward on left foot
- 7-8** Kick right foot forward. Turning ¼ left, swing right foot out to side and slap heel with right hand

## **REPEAT**

**When Using the music "Wabash Cannonball", there will be a "BREAK" in the music. Continue to do the dance until you get to the bumps. Add two more bumps (this will make a total of 4 bumps) then go into the rock steps finishing the dance.**