

Soft and Only

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Count: 48 **Wall:** 2 **Level:** Intermediate

Choreographer: Michele Perron , DANCE Expressions (Dec 2010)

Music: Just Like Heaven by Katie Melua (67 bpm) Albums: Just Like Heaven Soundtrack – Or - Piece by Piece by Katie Melua

Introduction: 32 Counts, once heavy beat kicks in. (Begin on lyrics “Show me how you do that trick...”)

Sec. I (1- 8) BACK-&-FORWARD, FORWARD-FORWARD-TURN-FORWARD, FORWARD-&BACK, BACK-&-TOGETHER

1&2RIGHT Rock/Step back, LEFT Recover/Step forward (in place), RIGHT Step forward

3&LEFT Step forward, RIGHT Step forward

4& Execute full “Spiral” Turn L, turning on R Toe/ball, LEFT Step forward

5&6RIGHT Step forward, LEFT Recover/Step back, RIGHT Step back

7&8LEFT Step back, Turn 1/2 R with RIGHT Step forward, LEFT Step beside R (6 o’clock)

Sec. II (9-16) SIDE-&-TOGETHER, BACK-&-TURN: REPEAT

1&2RIGHT Rock/Step side R, LEFT Recover/Step side L (in place), RIGHT Step beside L

3&4LEFT Rock/Step crossed behind R, RIGHT Recover/Step forward (in place), Turn 1/4 R with LEFT Step forward diagonal L (9 o’clock)

5&6RIGHT Rock/Step side R, LEFT Recover/Step side L (in place), RIGHT Step beside L

7&8LEFT Rock/Step crossed behind R, RIGHT Recover/Step forward (in place), Turn 1/4 R with LEFT Step forward diagonal L (12 o’clock)

Sec.III (17-24) FORWARD-&-BACK-&, FORWARD-TURN-FORWARD, SWEEP, ACROSS-&-BEHIND, SWEEP, BEHIND-&-ACROSS

[Note: Counts 1&,2&,3&4 all face diagonal R]

1&RIGHT Rock/Step forward, LEFT Recover/Step back

2&RIGHT Rock/Step back, LEFT Recover/Step forward

3&4RIGHT Step forward diagonal R, Turn 1/2 L with LEFT Step forward, RIGHT Step forward diagonal R (6 o'clock)

5& Sweep back to front with LEFT Step across front of R, RIGHT Step side R (face centre)

6&LEFT Step crossed behind R, RIGHT Sweep front to back

7&8RIGHT Step crossed behind, LEFT Step side L, RIGHT Step across front of L

Sec.IV (25-32) TURN, R TRIPLE SIDE, ACROSS-&-TURN, TURN, L TRIPLE SIDE, BACK-&-TURN

&1&2 Turn 1/4 L with LEFT Step beside R, RIGHT 'Triple' side R (R side, L together, R side) (3 o'clock)

3&4LEFT Rock/Step across front of R, RIGHT Recover/Step behind L (in place), Turn 1/4 L with LEFT Step forward (12 o'clock)

&5&6RIGHT Step beside L, LEFT 'Triple' side L (L side, R together, L side)

7&8RIGHT Rock/Step back, LEFT Recover/Step forward, Turn 1/2 L with RIGHT Step back (6 o'clock)

Sec.V (33-40) BACK-&-FORWARD, ACROSS-BACK-TOGETHER, FORWARD-&-FORWARD-TOUCH, BACK-&-BACK-TOUCH

1&2LEFT Rock/Step back, RIGHT Recover/Step forward, LEFT Step forward

3&4RIGHT Step across front of L, LEFT Step back, RIGHT Step beside L

5&6&LEFT Step forward, RIGHT Step beside L, LEFT Step forward, RIGHT Touch behind L

7&8&RIGHT Step back, LEFT Step beside R, RIGHT Step back, LEFT Touch in front of R

Sec.VI (41-48) FORWARD, FORWARD, TURN, ACROSS-SIDE-ACROSS-SIDE. ACROSS-&-TURN, FORWARD-TURN-TURN

1&2LEFT Step forward, RIGHT Step forward, Turn 1/4 L with LEFT Step side L (3 o'clock)

3&RIGHT Step across front of L, LEFT Step side L

4&RIGHT Step across front of L, LEFT Step side L

5&6RIGHT Rock/Step across front of L, LEFT Recover/Step back (in place), Turn 1/4 R with RIGHT Step forward(6 O'clock)

7&8LEFT Step forward, Turn 1/2 R with RIGHT Step forward (in place), Turn 1/2 R with LEFT Step back & beside R

Begin Again

Bridge: Four Counts: Bridge occurs after two rotations, facing 12 o'clock wall

NC2 STEP Basics: R BACK-RECOVER-SIDE, L BACK-RECOVER-SIDE

1&2RIGHT Rock/Step back, LEFT Recover/Step forward, RIGHT Step side R

3&4LEFT Rock/Step back, RIGHT Recover/Step forward, LEFT Step side L

Ending: You will end facing front wall...and I like to add one RIGHT Step back & Pose.

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