

# Safety Dance

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**Count:** 64

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Johanna Barnes

**Music:** Safety Dance - Glee Cast Version

**Intro: 16 counts. - Note: clock notations relate to the start wall for each phrase.**

**[1~8]: CROSS WALKS L WITH ARMS\* x2, CHECK STEP, RECOVER, WEAVE 1/4 R, 1/2 TURN R**

**1R step across L \***

**2L step to L side \***

**3R step across L \***

**4L step to L side \***

**5R push step across L**

**&L recover weight**

**6R step to R side**

**&L step behind R**

**7R step ¼ R (3:00)**

**&L step forward**

**8R step ½ R forward (9:00)**

**\*Hand/arm movement for 1-4:**

**\* Fingers linked, create a rolling wave from R elbow to L elbow at chest level, 4 times**

**Or snap fingers as hands go outward, Or anything that's fun to do, And/or double time the steps!**

**[& 9~16]: R & L TOUCH-HOLD, R HEEL JACK, L STEP, ½ CHASE TURN R**

**&L step slight forward**

**1R touch forward**

**2hold**

**&R step weight center**

**3L touch forward**

**4hold**

**&L step weight center**

**5R step across L**

**&L step to L side**

**6R touch heel out toward 10:00**

**&R step weight center**

**7L step forward**

**&R ½ turn R (3:00)**

**8L step forward**

**[17~24]: CHARLESTON STEPS, STEP ¼ L CROSS R, L SIDE SHUFFLE**

**1R touch forward**

**&R swing ½ back**

**2R step (back)**

**3L touch back**

**&L swing ½ forward**

**4L step (forward)**

**5R step forward**

**&turn ¼ L, weight L (12:00)**

**6R step across L**

**7L step L**

**&R step next to L**

**8L step L**

**[25~32]: OLD SCHOOL CROSS TOUCHES, SMALL JAZZ JUMP FWD R L W/ CLAP, BOUNCES X 2, WEIGHT R**

**1R touch across L to diagonal dip R shoulder, throw hands down and back**

**2R step weight center**

**3L touch across R to diagonal dip L shoulder, throw hands down and back**

**4L step weight center**

**&R teeny jump forward**

**5L step forward, slightly apart from R**

**6 Clap hands**

**7small bounce, weight R**

**8small bounce, weight R**

**[33~40]: PUSH SLIDES R/L, ½ PUSH TURN, ½ PENCIL TURN, R TOUCH, L TOUCH  
(as if a toe strut followed by a drag)**

**1L step slightly forward, pushing weight into ball of L foot, L knee slightly bent**

**2drop heel (full weight L) as you slide R foot back, slightly bending L knee**

**3R step forward, pushing weight into ball of R foot, R knee slightly bent**

**4drop heel (full weight R) as you slide L foot back, slightly bending R knee**

**5L step forward**

**&½ turn R, step R (6:00)**

**6½ turn R, L step next to R (12:00)**

**7R touch to R side**

**&R step center next to L**

**8L touch to L side**

**[41~48]: L BODY ROLL, TOUCHES L R, R 'C' BUMP, STEP L, R CROSS**

**1body roll back toward L foot , start w/ shoulders, angled to 1:00**

**2take weight L**

**&R step next to L**

**3L touch to L side**

**&L step next to R**

**4R touch to side**

**5lift R hip as you bump to R**

**&bump hips to L**

**6take hips back to R, sitting slightly, weight R**

**7L small step forward slightly open to 10:00**

**8R step across L**

**[49~56]: ROCK RECOVER CROSS X2, L CHASE TURN, WALK R, L TOGETHER.**

**1L push step to L side**

**&recover weight R**

**2L step across R, travel slightly forward**

**3R push step to R side**

**&recover weight L**

**4R step across L, travel slightly forward**

**5L step forward**

**&½ turn R, step forward on R (6:00)**

**6L step forward**

**7R step forward**

**8L step next to R**

**[57~64]: "S NODS" (to 80's Safety Dance), STRUTS IN PLACE**

**1L arm curved overhead, fingers pointing right with palm facing down. R arm curved at waist, fingers pointing left with palm facing up, creating an "s" with your arms, left arm on top**

**2pulse same movement ah switch position to opposite**

**3R arm curved overhead, fingers pointing left with palm facing down. L arm curved at waist, fingers pointing right with palm facing up, creating an "s" with your arms, left arm on top**

**4pulse same movement (weight L)**

**&R slight lift or kick (arms come down)**

**5R step center**

**&L slight lift or kick**

**6L step center**

**&R slight lift or kick**

**7R step center**

**&L slight lift or kick**

**8L step center, full weight**

**(BEGIN AGAIN, and most certainly DWYF!)**