

# Water and a Flame (□□□□ )

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**Count:** 40      **Wall:** 4      **Level:** Intermediate

**Choreographer:** Dee Musk , UK (Aug 09)

**Music:** Water And A Flame by Daniel Merriweather (feat Adele) (CD: Love & War (74bpm0)

□□□    **16 Count Intro. Approx**

**13 seconds. Start just before the main vocals. 16**□□□□

□□□

**Side Back Rock, Side Touch**

**Side, R Sailor  $\frac{1}{4}$**

**Turn L, L Sailor  $\frac{1}{2}$**

**Turn L With A Cross.**

□ □□□ , □ □ □ □ , □  $\frac{1}{4}$ □□□□ , □  $\frac{1}{2}$ □□□□□□

**1,2&**

**Step L to L side, cross rock R behind L, recover weight**

**to L.**

□□□□ , □□□□□□□□□□ , □□□□

**3&4**

**Step R to R side, drag L in and touch beside R, step L**

**to L side.**

□□□□ , □□□□□□ , □□□□

**5&6**

**Making a sailor  $\frac{1}{4}$  turn L cross step R behind L, step L**

**to L side, step R to R side.**

□□ 90□□□□□□□□□□ , □□□□ , □□□□ (□□ 9□□ )

7&8

**Making a sailor 1/2 turn L cross step L behind R, step R**

**to R side, cross step L over R. (3**

**o'clock)**

□□ 180□□□□□□□□□□ , □□□□ , □□□□ (□□ 3□□ )

**\*\*TAG & RESTART: DURING wall 6 (which starts facing 9**

**o'clock), dance up to and including count 6. Replace counts 7&8 with:**

□□□□□□

□□ 9□□□□□□□□□□ , □□□ 6□ , □□□□□□□□□□ 7&8□□□□

**Modified L Sailor 1/2 Turn L With Cross Rock Recover**

□□□□ 1/2□□□□□□□□□□

7&8&

**Making a sailor 1/2 turn L cross step L behind R, step R**

**to R side, cross rock L over R, recover weight to R.**

□□ 180□□□□□□□□□□ , □□□□ , □□□□□□□□□□ , □□□□

**Then restart the dance from count 1 facing 12 o'clock.**

□□ 12□□□□□□

□□□

**1/4 Turn R, Step 3/4 Turn R, Behind Side,**

**Cross Rock Side Rock, Cross Back Side Cross.**

□ 1/4, □ 3/4, □ □ , □□□ □□□ , □□ □ □ □

1

Make a 1/4 turn R stepping forward on R.

□□ 90□□□□

2&3

Step forward on L, make a 3/4 turn R, step L to L side.

□□□□ , □□ 270□ , □□□□

4&

Cross step R behind L, step L to L side.

□□□□□□□□ , □□□□

5&6&

Cross rock R over L, recover weight to L, rock R out to

R side, recover weight to L. □□□□□□□□ , □□□□ , □□□□ , □□□□

7&8&

Cross R over L, step back on L, step R to R side, cross

**step L over R. (3 o'clock).**

□□□□□□□□ , □□□□ , □□□□ , □□□□□□□□ (□□ 3□□ )

□□□

Side, L Sailor 1/4 Turn L,

Walk, Step 3/4 Turn R Side Close, Side Touch Side. □ , □ 1/4□□□ , □ , □□□ 3/4 □ □ , □□□

1

Step R to R side.

□□□□

**2&3**

**Making a sailor ¼ turn L cross step L behind R, step R to R side, step slightly forward on L.**

□ 90□□□□ , □□□□□□□□ , □□□□ , □□□□

**4**

**Walk forward on R.**

□□□□

**5&6&**

**Step forward on L, make a ¾ turn R, step L to L side,**

**close R beside L.□□□□ , □□ 270□ , □□□□ , □□□□**

**7&8**

**Step L to L side, drag R in and touch beside L, step R**

**to R side. (9 o'clock). □□□□ , □□□□ , □□□□ (□□ 9□□ )**

□□□

**Cross, ¼ Turn L, Side, Step, Run, Run, Rock**

**Recover, Run Run, Touch ½**

**Turn L.□□ , □ 1/4, □ , □ , □ , □ , □□□□ , □□ , □ □□ 1/2**

**1,2&3**

**Cross step L over R, make a ¼ turn L stepping back on R, step L to L side, step forward on R.**

□□□□□□□□ , □□ 90□□□□□□ , □□□□ , □□□□

4&

Run forward L, run forward R. □□□□ , □□□□

5,6

Rock forward on L, recover weight to R. □□□□ , □□□

&7

Run back L, run back R. □□□□ , □□□□

&8

Touch left toe back, unwind a 1/2 turn L (weight forward

on L). (12 o'clock). □□□□ , □□ 180° (□□□□ )(□□ 12□□ )

□□□

Step, Step 3/4 Turn R, Side, Behind 1/4 Turn L,

Step 3/4 Turn, Side, Back Rock. □ , □□ 3/4,

mso-font-kerning:0pt">□ , □ □□ 1/4,

mso-font-kerning:0pt">□ □

mso-font-kerning:0pt">3/4, □ , □□□

1,2&3

Step forward on R, step forward on L and make a 3/4 turn

R, step L to L side. □□□□ , □□□□ , □□ 270° , □□□□

4&

Cross step R behind L, make a 1/4 turn L stepping forward

on L.

□□□□□□□□ , □□ 90□□□□□□

5,6

Step forward on R, make a  $\frac{3}{4}$  turn L (weight on L).

□□□□ , □□ 270° (□□□□ )

7,8&

Step R to R side, cross rock L behind R, recover weight

to R. (9 o'clock). □□□□ , □□□□□□□□ , □□□□ (□□ 9□□ )