

Spill The Beans

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Count: 48 **Wall:** 4 **Level:** Intermediate

Choreographer: Michele Perron , DANCE Expressions (Nov 10)

Music: I Heard It Through The Grapevine by Craig David (CD: Signed, Sealed, Delivered, 115bpm)

☐☐☐ **Introduction: 32 Counts - CCW Rotation**

☐☐☐

Side, Behind, &-Across-Touch,

&- Across-Touch, L Scissor

1,2

LEFT Step side L; RIGHT Step crossed behind L

☐☐☐☐ , ☐☐☐☐☐☐☐☐

&34

LEFT Step side L; RIGHT Step across front of L; LEFT Toe/Touch beside R

(L knee 'tucked in')

☐☐☐☐ , ☐☐☐☐☐☐☐☐ , ☐☐☐☐ (☐☐☐)

&56

LEFT Step back diagonal L; RIGHT Step across front of L; LEFT Toe/Touch

beside R (L knee 'tucked in')

☐☐☐☐ , ☐☐☐☐☐☐☐☐ , ☐☐☐☐ (☐☐)

7&8

LEFT Step side L; RIGHT Step beside L; LEFT Step across front of R (L

Scissor) ☐☐☐☐ , ☐☐☐☐ , ☐☐☐☐☐☐☐☐ (☐☐☐)

☐☐☐

Turn, Back, Triple Back,

&- Touch-Forward, Turn-Back-Touch

1,2

Turn 1/4 L with

RIGHT Step back & crossed behind L; LEFT Step back (9 o'clock) □ 90
□□□□□□□□ , □□□□ (□□ 9□□)

3&4

RIGHT 'Locking' Triple back (R back, L back & across front of R, R

back) □□□□ (□□□□ , □□□□□□□□ , □□□□)

&56

LEFT Step back; RIGHT Toe/Touch in front of L; RIGHT Step forward

□□□□ , □□□□□□□□ , □□□□

7&8

Turn 1/2 R with LEFT Step back; RIGHT Step back; LEFT Toe/Touch in front

of R (3 o'clock)

□□ 180□□□□□□ , □□□□ , □□□□□□□□ (□□ 3□□)

□□□□

Forward, Forward, Forward-&-Back,

&- Touch-Hold: Repeat

1,2

LEFT Step forward; RIGHT Step forward

□□□□ , □□□□

3&4

LEFT Rock/Step forward, RIGHT Recover/Step back, LEFT Step back

□□□□ , □□□□ , □□□□

&56

RIGHT Step back; LEFT Toe/Touch side L; HOLD

□□□□ , □□□□ , □

&78

LEFT Step beside R; RIGHT Toe/Touch R; HOLD

□□□□ , □□□□ , □

□□□

&- Turn-Forward, Back, Turn,

Across, Side, Behind, Turn

&12

RIGHT Step beside L; Turn 1/4 L

with LEFT Step forward; RIGHT Rock/Step forward (12 o'clock)

□□□□ , □□ 90□□□□ , □□□□ (□□ 12□□)

3,4

LEFT Recover/Step back; Turn 1/4 R with RIGHT Step side R (3

o'clock) □□□□ , □□ 90□□□□ (□□ 3□□)

5,6

LEFT Step across front of R; RIGHT Step side R

□□□□□□□□ , □□□□

7,8

LEFT Step crossed behind R; Turn 1/4 R with RIGHT Step forward (6

Execute a two count 'slow' LEFT Slide/Drag (6,7) eliminate the 'HOLD' 6,7

□□□□□□□□ , □□□□□□

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mso-font-kerining:0pt">

mso-font-kerining:0pt">Forward, Forward, Forward-&-Back, &-Touch-Hold,

Turn-Touch-Hold

1,2

RIGHT Step forward, LEFT Step forward

□□□□ , □□□□

3&4

RIGHT Rock/Step forward, LEFT Recover/Step back, RIGHT Step back

□□□□ , □□□□ , □□□□

&56

LEFT Step beside R, RIGHT Toe/Touch side R, HOLD

□□□□ , □□□□ , □

&78

Turn 1/4 R with RIGHT Step beside L, LEFT Toe/Touch side L, HOLD (9

o'clock) □□ 90□□□□ , □□□□ , □ (□□ 9□□)

ENDING: You will end facing front wall on last count of

Sec VI.

□□ : □□□□□□□□□□□□