

Superstitious

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Count: 140

Wall: 1

Level: Phrased Advanced

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Music: Superstitious - MKTO

Intro : 16 counts - Phrasing : A, B, C, A, C, D, B, C*,C

A=56 counts - B=16 counts - C=36 counts - D=32 counts

Part A

AS1: Side, Behind, Side, Touch Forward, Swivel, Ball/Mambo Cross, Syncopated Weave

- 1-2&** Rf step right, Lf cross behind Rf, Rf small step right (&)
- 3&4** Lf touch forward, Bf swivel heels left (&), Bf swivel heels centre
- &5&6** Lf step together (&), Rf rock step right, recover onto Lf (&), Rf cross in front of Lf
- &7&8** Lf step left(&), Rf cross behind Lf , Lf step left (&), Rf cross in front of Lf

AS2: Slide L, Hold, Syncopated Swivels In (Heel/Toe/Heel), Hitch R, Coaster R, 1/2 Turn L, Syncopated 1/2 Turn L

- 1-2** Lf big step left, hold
- &3&4** Rf heel in (&),Rf toes in, Rf heel in (&), Rf hitch knee
- 5&6** Rf step back, Lf step together (&), Rf step forward
- 7&8** make 1 / 2 turn left stepping Lf forward (6.00) , Rf step forward (&), make 1 / 2 turn left stepping Lf forward (12.00)

AS3: Syncopated Rocking Chair, Slide R, Touch L, Syncopated Rocking Chair, Slide L, Touch R

- 1&2&** Rf rock forward, recover onto Lf (&) , Rf rock back, recover onto Lf (&)
- 3-4** Rf big step right, Lf touch next to Rf
- 5&6&** Lf rock forward, recover onto Rf (&), Lf rock back , recover onto Rf (&)
- 7-8** Lf big step left, Rf touch next to Lf

AS4: Side, Behind, Side, Touch Forward, Swivel, Ball/Mambo Cross, Syncopated Weave

- 1-2&** Rf step right, Lf cross behind Rf, Rf small step right (&)

- 3&4** Lf touch forward, Bf swivel heels left (&), Bf swivel heels centre
- &5&6** Lf step together (&), Rf rock step right, recover onto Lf (&), Rf cross in front of Lf
- &7&8** Lf step left(&), Rf cross behind Lf , Lf step left (&), Rf cross in front of Lf

AS5: Slide L, Hold, Syncopated Swivels In (Heel/Toe/Heel), Hitch R, Coaster R, 1/2 Turn L, Syncopated 1/2 Turn L

- 1-2** Lf big step left, hold
- &3&4** Rf heel in (&),Rf toes in, Rf heel in (&), Rf hitch knee
- 5&6** Rf step back, Lf step together (&), Rf step forward
- 7&8**make **1 / 2 turn left stepping Lf forward (6.00) , Rf step forward (&), make 1 / 2 turn left stepping Lf forward (12.00)**

AS6: Syncopated Rocking Chair, Slide R, Touch L, Syncopated Rocking Chair, Slide L, Touch R

- 1&2&** Rf rock forward, recover onto Lf (&) , Rf rock back, recover onto Lf (&)
- 3-4** Rf big step right, Lf touch next to Rf
- 5&6&** Lf rock forward, recover onto Rf (&), Lf rock back , recover onto Rf (&)
- 7-8** Lf big step left, Rf touch next to Lf

(NB section 4 , 5, 6 is a repetition of section 1, 2, 3)

AS7: Full Turn R With Sweep, Full Paddle Turn R

- 1-2-3-4**make **1 / 4 turn right stepping Rf forward (3.00) , make 3/4 turn right sweeping Lf around from back to front (2-3), Lf touch next to Rf (12.00)**
- &5**make **1 / 4 turn right (&), Lf left touch left (3.00)**
- &6**make **1 / 4 turn right (&), Lf left touch left (6.00)**
- &7**make **1 / 4 turn right (&), Lf left touch left (9.00)**
- &8**make **1 / 4 turn right (&), Lf step together (12.00)**

Part B

BS1: Rhumba Box R, Lock Step Forward R, Paddle Turn L

- 1&2** Rf step right, Lf step together (&), Rf step forward

3&4 Lf step forward, Rf lock behind Lf (&), Lf step forward

5&make 1 / 8 turn left pushing Rf right, recover Lf

6&make 1 / 8 turn left pushing Rf right, recover Lf

7&make 1 / 8 turn left pushing Rf right, recover Lf

8make 1 / 8 turn left stepping Rf together (6.00)

BS2: Rhumba Box L, Lock Step Forward L, Paddle Turn R

1&2 Lf step left, Rf step together (&), Lf step forward

3&4 Rf step forward, Lf lock behind Rf (&), Rf step forward

5&make 1 / 8 turn right pushing Lf left, recover Rf

6&make 1 / 8 turn right pushing Lf left, recover Rf

7&make 1 / 8 turn right pushing Lf left, recover Rf

8make 1 / 8 turn right stepping Lf together (12.00)

Part C

CS1: Out/Out/Together, Cross, Side, Modified Sailor Steps Travelling Forward, 1/4 Turn L, Side, Touch Behind

1&2 Rf step right, Lf step left (&), Rf step together

3-4 Lf cross in front of Rf, Rf step right

5&6 Lf cross behind Rf, Rf step diagonally forward right (&), Lf step diagonally forward left

&7& Rf cross behind Lf (&), Lf step forward, make 1 / 4 turn left stepping Rf right (9.00) (&)

8 Lf touch behind Rf

CS2: Full Turn L, Shuffle L, Heel Grind R With 1/4 Turn R, Heel Grind L

1-2make 1 / 4 turn left stepping Lf forward (6.00), make 1 / 2 turn left stepping Rf back (12.00)

3&4make 1 / 4 turn left stepping Lf left (9.00), Rf step together (&), Lf step left

5-6& Rf dig heel forward with toes turned in , make 1 / 4 turn right on right heel turning toes out stepping Lf back (12.00), Rf step together (&)

7-8& Lf dig heel forward with toes turned in, turn toes out stepping back on Rf, Lf step together (&)

CS3: Heel Swivel R, Heel Swivel L , Out/Out/Ball/Cross, Unwind 1/2 Turn L

1&2 Rf point toes forward, swivel heel right (&), swivel heel back to centre taking weight on Rf

3&4 Lf point toes forward, swivel heel left (&), swivel heel back to centre keeping weight on Rf

&5&6 Lf step left (&), Rf step right, Lf step together (&), Rf cross in front of Lf

7-8unwind 1/2 turn left over 2 counts ending with weight on Lf (6.00)

CS4: Walks Forward R/L, Sailor With 1/2 turn R, Walks Forward L/R, Brush, Out, Touch

1-2 Rf step forward , Lf step forward

3&4 Rf cross behind Lf making 1/4 turn right (9.00) , Lf step left (&), make 1/4 turn right stepping Rf forward (12.00)

5-6 Lf step forward, Rf step forward

7&8 Lf brush next to Rf, Lf step left (&), Rf touch right

(N.B. restart part C * here)

CS5: Arm Movement

1-2-3-4RA goes forward and through hair over 4 counts

Part D

DS1: Press Steps (4X), Out/Cross/Out

1-2 Rf press ball of foot right, Rf step together

3-4 Lf press ball of foot left, Lf step together

5-6 Rf press ball of foot forward, Rf step together

7 Lf press ball of foot forward

8&1 Bf jump out, Bf jump in Rf in front of Lf (&), Bf jump out bouncing hips left

DS2: Hip Bounces L (3X), Cross/Out, Hip Bounces R (4X)

2-3-4bounce hips left, bounce hips left , bounce hips left

&5 Bf jump in Lf in front of Rf (&), Bf jump out bouncing hips right

6-7-8bounce hips right, bounce hips right, bounce hips right

DS3: Side, Cross, Side/Cross/Side, Side, Cross, Side/Cross/Side

- 1-2** Lf step left, Rf cross in front of Lf
- 3&4** Lf step left , Rf cross in front of Lf (&), Lf step left
- 5-6** Rf step right, Lf cross in front of Rf
- 7&8** Rf step right , Lf cross in front of Rf (&), Rf step right

DS4: Cross, Back , Side, Together, Pose With Bounces

- 1-2** Lf cross in front of Rf, Rf step back
- 3-4** Lf step left, Rf step together crossing arms over each other

5-6-7-8bounce 4 times

Last Update - 23rd Sept 2016