

# Thank You Very Much (CBA's 2019)

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**Count:** 128

**Wall:** 1

**Level:** Phrased Intermediate

**Choreographer:** Sobrielo Philip Gene (Soul Dancer Singapore ) January 2019

**Music:** Stop by the Spice Girls

**Intro: 32counts into, start dance On Vocals**

**Sequence AB,AB,A(48 Counts), BBB**

**Part A (96 counts)**

**[1-8] VINE RIGHT, VINE LEFT**

- 1-4** Step right to right (1), step behind right (2), step right to right (3), touch left beside right (4)
- 5-8** Step left to left (5), step right behind left (6), step left to left (7), touch right beside left (8)(12:00)

**[9-16] ROLLING VINE RIGHT CROSS, SIDE SHUFFLE ROCK BACK RECOVER**

- 1-2¼** turn right step right forward (1), ½ turn right step left back (2),
- 3-4¼** right step right to right (3), cross left over right (4)
- 5&6** Step right to right (5), step left beside right (&), step right to right (6)
- 7-8** Rock left back (7), recover weight onto right (8)(12:00)

**[17-24] VINE LEFT, VINE RIGHT**

- 1-4** Step left to left (1), step right behind left (2), step left to left (3), touch right beside left (4)
- 5-8**step right to right (5), step left behind right (6), step right to right (7), touch left beside right (8) (12:00)

**[25-32] ROLLING VINE LEFT CROSS, SIDE SHUFFLE ROCK BACK RECOVER**

- 1-2¼** turn left step left forward (1), ½ turn left step right back (2),
- 3-4¼** left step left to left (3), cross right over left (4)
- 5&6** Step left to left (5), step right beside left (&), step left to left (6)
- 7-8** Rock right back (7), recover weight onto left (8) (12:00)

### [33-40] STEP HOLD, BALL STEP HOLD, BALL SIDE ROCK, CROSS SHUFFLE

- 1-2 Step right to right (1) hold (2)
- &3-4 Step left beside right (&), step right to right (3), hold (4)
- &5-6 Step left beside right (&) rock right to right (5), recover weight onto left
- 7&8 Cross right over left (7), step left to left (&), cross right over left (8) (12:00)

### [41-48] STEP HOLD, BALL STEP HOLD, BALL SIDE ROCK, CROSS SHUFFLE

- 1-2 Step left to left (1) hold (2)
- &3-4 Step right beside left (&), step left to left (3), hold (4)
- &5-6 Step right beside left (&) rock left to left (5), recover weight onto right
- 7&8 Cross left over right (7), step right to right (&), cross left over right (8) (12:00)

### [49-56] MONTEREY $\frac{1}{2}$ TURN, MONTEREY $\frac{1}{2}$ TURN

- 1-2 Point right to right (1), making  $\frac{1}{2}$  right step right beside left (2),
- 3-4 Point left to left (3), step left beside right (4) (6:00)
- 5-6 Point right to right (5), making  $\frac{1}{2}$  right step right beside left (6)
- 7-8 Point left to left (7), step left beside right (8) (12:00)

### [57-64] SHUFFLE FORWARD PIVOT $\frac{1}{2}$ , SHUFFLE FORWARD PIVOT $\frac{1}{2}$

- 1&2 Step right forward (1), step left beside right (&), step right forward (2)
- 3-4 Step left forward (3), turn  $\frac{1}{2}$  right (4) (6:00)
- 5&6 Step left forward (5), step right beside left (&), step left forward (6)
- 7-8 Step right forward (7), turn  $\frac{1}{2}$  left (8)(12:00)

### [65-72] SLIDE DRAG, ROCK RECOVER, $\frac{1}{4}$ FORWARD SHUFFLE, PIVOT $\frac{1}{2}$

- 1-2 Take long step to right (1), dragging left toward right (2)
- 3-4 Rock left back (3), recover weight onto right (4)
- 5&6 $\frac{1}{4}$  turn left step left forward (5), step right beside left (&), step left forward (6)(9:00)**
- 7-8 Step right forward (7), turn  $\frac{1}{2}$  left (8) (3:00)

### [73-80] SLIDE DRAG, ROCK RECOVER, $\frac{1}{4}$ FORWARD SHUFFLE, PIVOT $\frac{1}{2}$

- 1-2 Take long step to right (1), dragging left toward right (2)
- 3-4 Rock left back (3), recover weight onto right (4)

**5&6<sup>1</sup>/<sub>4</sub> turn left step left forward (5), step right beside left (&), step left forward (6)**

7-8 Step right forward (7), turn <sup>1</sup>/<sub>2</sub> left (8) (6:00)

**[81-88] WALK FORWARD KICK, WALK BACK TOUCH**

1-4 Walk forward right (1), left (2), right (3), kick left forward (4)

5-8 Walk back left (5), right (6), left (7), touch right beside left (8) (6:00)

**[89-96] HEEL SWITCHES, PIVOT <sup>1</sup>/<sub>4</sub>, HEEL SWITCHES PIVOT <sup>1</sup>/<sub>4</sub>**

1&2& Right heel forward (1), step right beside left (&), left heel forward (2), step left beside right (&)

3-4 Step right forward (3), turn <sup>1</sup>/<sub>4</sub> left (4) (3:00)

5&6& Right heel forward (5), step right beside left (&), left heel forward (6), step left beside right (&)

7-8 Step right forward (7), turn <sup>1</sup>/<sub>4</sub> left (8) (12:00)

**Part B (32 counts) 12:00**

**B[1-8] STEP (HANDS), HIP BUMPS, HANDS, HIP BUMPS**

1 Step right to right and bring right hands up palm facing forward (1), (showing STOP sign)

2-4 Bump hip to right (2,3,4)

**NOTE Music Says: STOP RIGHT NOW**

5 Placing both palm together (showing THANK YOU sign) place hands in front of right shoulder while bumping hips to right (5)

6 Placing both palm together (showing THANK YOU sign) place hands in front of left shoulder while bumping hips to left (6)

7 Placing both palm together (showing THANK YOU sign) place hands in front of right shoulder while bumping hips to right (7)

8 Placing both palm together (showing THANK YOU sign) place hands in front of left shoulder while bumping hips to left (6)

**NOTE Music Says: THANK YOU VERY MUCH**

**B[9-16] PIVOT <sup>1</sup>/<sub>2</sub> , PIVOT <sup>1</sup>/<sub>2</sub>, STEP (HAND)**

1-2 Step forward right (1), turn <sup>1</sup>/<sub>2</sub> left (2)

3-4 Step forward right (3), turn <sup>1</sup>/<sub>2</sub> left (4)

**NOTE Music Says: I NEED SOMEBODY**

- 5-6 Step right to right and bring right hand forward wrist bend (5) using left hand touch right wrist (6)
- 7-8 Slowly slide left fingers up right hand 3 counts (7,8 )

**NOTE Music Says: WITH A HUMAN TOUCH**

**B[17-24] STOMP, HANDS, WALK BACK**

- 1 Stomp right beside left (1)
- 2-4 Using right hand and index finger pointing forward point to the left (2), point to the front (3), point to the right (4)

**NOTE: Music says HEY YOU**

- 5 Step right back and Swing right hand up towards shoulder (5),
- 6 Step left back and swing left hand up towards shoulder (6),
- 7 Step right back and Swing right hand up towards shoulder (7),
- 8 Step left back and swing left hand up towards shoulder (8)

**NOTE: Music says ALWAYS ON THE RUN**

**B[25-32] ROCK BACK RECOVER, PIVTO ½ PIVOT ½ WALK WALK**

- 1-2 Rock right back (1), recover weight onto left (2)
- 3-4 Step right forward (3), turn ½ left (4)
- 5-6 Step right forward (5), turn ½ left (6)
- 7&8 Walk right forward (7), Walk left forward (8)(12:00)

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