

Bad Habits

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Count: 64

Wall: 2

Level: Intermediate

Choreographer: Maggie Gallagher (UK) & Gary O'Reilly (IRE) - July 2021

Music: - Ed Sheeran : (Amazon & iTunes)

Start : After Intro 32 C

RESTARTS :

Wall 2 after 48 C

Wall 4 after 40 C

Wall 6 after 4 C

I . (SIDE - ROCK BACK CROSS) R/L - WALK FORWARD R/L/R -HITCH

- 1 2& Step R to side, step L back cross, recover on R
- 3 4& Step L to side, step R back cross, recover on L
- 5 6 Step R/L Walk Forward
- 7 8 Step R Forward, step L Hitch

II . (SIDE - ROCK CROSS OVER) R/L - WALK BACK R/L/R with MOVE SHOULDER - HOOK

- 1 2& Step R to side, step L Cross Over, Recover on R
- 3 4& Step L to side, step R Cross Over, Recover on L
- 5 6 Step R/L walk back
- 7 8 Step R backward, step L Hook

III. SIDE - TOGETHER - SACHEE - SYNCOPATED DIAGONAL ROCKING CHAIR TOUCH

- 1 2 Step R to side, step L closed to R
- 3&4 Step R to side, step L closed to R, step R to side
- 5&6& Step L Cross Over R, Recover on R, step L back diagonal, Recover on R
- 7&8 Step L Cross Over R, Recover on R, step L back diagonal Touch

IV. SIDE - CLOSE - SACHEE TURN 1/4 - PUSH HIPS FORWD & BACK

- 1 2 Step L to Side, step R closed to L
- 3&4 Step L to side, step R closed to L, 1/4 Turn left step L Forward

- 5 6 Step R forward Push Hips forward - back
7&8 Step R forward Push Hips forwd-back-forwd

V. CROSS OVER - SCISSOR - SIDE - CROSS OVER - SIDE - CROSS SACHEE

- 1 Step R Cross Over
2&3 Step L to Side, step R Closed to L, step L Cross Over R
4 Step R to Side
5 6 Step L Cross Over, step R to Side
7&8 Step L Cross Over, step R to Side, step L Cross Over

VI. SACHEE - SACHEE TURN 1/4 - SIDE MAMBO R / L

- 1&2 Step R to side, step L Closed to R, step R to side
3&4 Step L to Side, step R Closed to L, 1/4 Turn left step L Forward
5&6 Step R to Side, Recover on L, step R to Side
7&8 Step L to Side, Recover on R, step L to Side

VII. DIAGONAL SHUFFLE R / L - (DIAGONAL -CLOSED) R/ L

- 1&2 Step R Forwd diagonal, step L Closed to R
3&4 Step L Forwd diagonal, step R Closed to L
5 6 Step R Back diagonal, step L Touch Closed to R
7 8 Step L Back diagonal step R Touch closed to L

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