

# Traveling Man

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**Count:** 32                      **Wall:** 2                      **Level:** Beginner

**Choreographer:** Adrian Helliker (Nuline Dance - March 2016)

**Music:** Traveling-Man - Mike Lane

**Intro: 40 counts into track - Approx 28 seconds into track or start on the word (SING)**

## **[1-8] CROSS ROCK & RECOVER, CHA-CHA IN PLACE RIGHT & LEFT**

- 1-2            Rock right over left, recover onto left
- 3&4           Cha cha cha in place stepping Right, Left, Right
- 5-6           Rock left over right, recover onto right
- 7-8           Cha cha cha in place stepping Left, Right, Left

## **[9-16] ROCK STEP, CHA-CHA, ROCK STEP, CHA-CHA**

- 1-2            Rock forward on right, recover weight to left foot
- 3&4           Triple step in place right-left-right
- 5-6           Rock back on left, recover weight to right foot
- 7&8           Triple step in place left-right-left

## **[17-24] ¼ TURN LEFT, CROSS SHUFFLE, SIDE ROCK RECOVER, CROSS SHUFFLE**

- 1-2            Step right forward making ¼ turn left weight on left
- 3&4           Cross right over left, step left to left side, cross right over left
- 5-6           Rock left to left side, recover onto right
- 7&8           Cross left over right, step right to right side, cross left over right

## **[25-32] SIDE, BEHIND TRIPLE IN PLACE RLR, SIDE, BEHIND, TRIPLE ¼ TURN LEFT**

- 1-2            Step right to right side, cross left behind right
- 3&4           Triple in place right, left, right
- 5-6           Step left to left side, cross right behind left
- 7&8           Triple in place turning ¼ left stepping left, right, left