

# SAY IT

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**Count:** 32

**Wall:** 4

**Level:** beginner/intermediate

**Choreographer:** Raymond Sarlemijn

**Music:** Say It Right by Nelly Furtado

**STEP OUT KNEES IN AND OUT (ARM MOVEMENTS), DRAG LEG, TOUCH BALL CHANGE, WALK, WALK, ROLL KNEE, LOOK BACK**

1 Step right foot out to right

**While doing this bend right knee in**

& Bend right knee out

2 Straighten right knee

3 Drag right foot to left foot

4 Touch right foot next to left foot

& Put weight on right foot

5 Step left foot forward

6 Step right foot forward

7 Step left foot forward

& Right knee roll out to right

8 Look back over right shoulder

**Arm movements first 2 counts:**

1 Twist upper body slightly to left, right arm up and left arm down, in front of the body

& Put right arm down, left arm up

2 Put right arm up, left arm down

**HOLD, TURN ¼ RIGHT, CROSS, TURN ¼ RIGHT WALK, WALK, SKATE SWIVELS, AND OUT, HOLD**

1 Hold

& Put weight on right foot

2 Turn ¼ over right and cross left foot over right foot

3 Turn ¼ over right and step right foot forward

- 4 Step left foot forward
- 5 Swivel to right on right foot
- 6 Swivel to left on left foot
- 7 Step right foot out to right
- & Step left foot out to left
- 8 Hold

### **SHOULDER POPS, ½ TURN HEEL RONDE, SAILOR STEP, JUMP, KICK, SAILOR STEP**

- 1 Pop left shoulder to left
- & Pop shoulder to right
- 2 Pop left shoulder to left
- & Turn ½ over right

**While doing this make ronde with right and keep right heel on the floor**

- 3 Step right foot backwards
- & Step left foot next to right foot
- 4 Step right foot forward
- 5 Jump forward on left foot
- 6 Jump backwards on left foot

**While doing this kick right foot forward**

- 7 Step right foot backwards
- & Step left foot next to right foot
- 8 Step right foot forward

### **WALK, ¼ TURN, TOE IN, HEEL OUT, POSE, ¼ TURN, ½ TURN**

- 1 Step left foot forward
- 2 Turn ¼ over left and touch right toe next to left foot
- & Touch right heel out
- 3 Touch right toe next to left foot
- & Step right foot to right
- 4 Touch left toe to left and put both arms to left

- 5 Turn  $\frac{1}{4}$  over left
- 6 Step right foot forward
- 7 Turn  $\frac{1}{2}$  over left
- 8 Touch right foot next to left foot

**REPEAT**