

# Shout Out to My Ex - Easy

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**Count:** 32

**Wall:** 4

**Level:** Improver / Intermediate

**Choreographer:** Lu Olsen - 12 / 2016 - Vers 1.00

**Music:** Shout Out to My Ex / Little Mix / iTunes - Track: 4:06

## #4 count intro: Start on vocals - Direction:Anti clockwise

### [1 - 8] Touch fwd, touch Side, Hitch, Touch Side, Cross, Side, ¼ R turn R Coaster,

1, 2 Touch R Toe fwd, Touch R Toe out to Right,

3, 4 Hitch R Knee over L, Touch R Toe out to Right,

5, 6 Cross R over L, Step L to Left,

### 7 & 8(¼ R turn R Coaster) ¼ Right Step R back , Step L beside R, Step R fwd 3.00

### [9 - 16] Fwd, Lock, L Lock shuffle fwd, Full turn ( or Fwd, Lock), R Lock Shuffle fwd

1, 2, 3 & 4 Step L fwd, Lock R behind L, L lock shuffle fwd stepping L, R, L

5, 6 Full Left turn fwd stepping R, L, (Option: Step R fwd, Lock L behind R,)

### 7 & 8R lock shuffle fwd stepping R, L, R 3.00

### [17 - 24] Cross, Back, Back, Cross, Back, ¼ R fwd, ½ turning shuffle

1, 2, 3, 4(Moving backwards) Cross L over R, Step R back, Step L back, Cross R over L

5, 6 Step L back, ¼ Right turn & step R fwd 6.00

### 7 & 8½ Right turning shuffle stepping L, R, L 12.00

### [25 - 32] Back, Fwd, Kick Ball Cross, Side, Cross, Side, ¼ Side

1, 2, 3 & 4 Rock R back, Rock L fwd, Kick R fwd, Step R beside L, Cross L over R,

5, 6 Step R to Right, Cross L over R,

7, 8 Step R to Right, ¼ Left turn & step L to Left 9.00

### #8 count TAG: At end of wall 5 (9.00)

1, 2, 3, 4(Cross Rocking Chair) R over L, Recover onto L, Rock R to Right, Recover onto L

5, 6 Step R fwd, ½ L pivot,

7, 8 Step R fwd, ½ L pivot Restart dance for wall 6 (9.00)

**#4 count TAG: At end of Wall 12 (12.00)**

**1, 2, 3, 4(Cross Rocking Chair) R over L, Recover onto L, Rock R to Right, Recover onto L  
Restart dance for wall 13 (3.00)**

**Last Wall: Dance whole 32 counts - at the end of the Last Wall you will be facing 3.00  
add...**

**¼ Left turn & step R to Right - to finish at 12.00**

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