

# Sweet Like Sugar!

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**Count:** 64      **Wall:** 4      **Level:** Improver

**Choreographer:** Sebastiaan Holtland , Netherlands (14-09-2014)

**Music:** Sugar by Maroon 5 (Album: V 2014).

**#16 count intro, start dancing after the words `Ah` Ah (07 sec). (No Tags, No Restarts).**

**Sec 1. 1-8: Out, Out, Back, Cross, Back, Back, Down, Up.**

**1-4** Step Rt out to right, step Lt out to left, step Rt slightly back, cross Lt over Rt.

**5-8** Step Rt back, step Lt back, dip body down, coming up weight onto Lt.

**Sec 2. 9-16: Heel grind  $\frac{1}{4}$  R, Back, L Touch Fwd,  $\frac{1}{2}$  R, R Touch Fwd, R Hip Push Fwd.**

**1-4** Heel grind with Rt (toes from left to right) turn  $\frac{1}{4}$  right (3) step Lt back, step Rt back, touch Lt forward.

**5-8** Turn  $\frac{1}{2}$  right (9) step Lt back in place, touch Rt fwd, push R hip fwd, replace weight onto Lt.

**Sec 3. 17-24: Side Rock, Recover, R Hip Push Fwd, Step,  $\frac{1}{4}$  R, Back, Back, Hitch.**

**1-4** Rock Rt to the right, recover Lt, touch Rt fwd push R hip forward, replace weight onto Lt.

**5-8** Step Rt fwd, turn  $\frac{1}{4}$  right (12) step Lt back, step Rt back, hitch L knee up.

**Sec 4. 25-32: Step,  $\frac{1}{4}$  L, Side, Back, Hitch, Fwd Rock, Recover,  $\frac{1}{8}$  R, Walks Fwd R-L.**

**1-4** Step Lt fwd, turn  $\frac{1}{4}$  left (9) step Rt back, step Lt back, hitch R knee up.

**5-8** Rock Rt fwd, recover on Lt, turn  $\frac{1}{8}$  right walk Rt fwd, walk Lt fwd.

**Sec 5. 33-40 Fwd Rock, Recover,  $\frac{1}{8}$  R, Side Rock, Recover, Behind,  $\frac{1}{4}$  L, Step,  $\frac{1}{4}$  L, Side, Touch.**

**1-4** Rock Rt forward, recover on Lt, turn  $\frac{1}{8}$  right (12) rock Rt to the right, recover on Lt.

**5-8** Step Rt behind Lt, turn  $\frac{1}{4}$  left (9) step Lt slightly fwd, turn  $\frac{1}{4}$  left (6) step Rt to the right, touch Lt next to Rt

**Sec 6. 41-48: Side, Hold, Together, Side, Heel, Side, Rising Knee lift L,  $\frac{1}{4}$  L, Side, Rising Knee Lift R.**

**1-2** Step Lt to the left, Hold.

**&3-4** Step Rt next to Lf, step Lt to the left, touch R heel fwd holding weight onto Lt.

**5-6** Step Rt big to the right, L rising knee lift fwd.

**7-8** Turn  $\frac{1}{4}$  left (3) step Lt slightly fwd, R rising knee lift fwd.

**Sec 7. 49-56: Step, Side, Behind,  $\frac{1}{4}$  L, Step,  $\frac{1}{2}$  Pivot L, Replace, L Knee Push Fwd, Replace.**

**1-4** Step Rt fwd, step Lt to the left, step Rt behind Lt, turn  $\frac{1}{4}$  left (12) step Lf slightly fwd.

**5-8** Step Rt fwd, turn  $\frac{1}{2}$  left (6) take weight onto Lt, take weight back on Rt, push L knee fwd, replace on Lt.

**Sec 8. 57-64: Step, Side, Behind,  $\frac{1}{4}$  L, Step,  $\frac{1}{2}$  Pivot L, Together, Bending Knees, Upper Body Roll.**

**1-4** Step Rt fwd, step Lt to the left, step Rt behind Lt, turn  $\frac{1}{4}$  left (3) step Lf slightly fwd.

**5-8** Step Rt fwd, turn  $\frac{1}{2}$  left (9) take weight onto Lt, step Rt next to Lt bending knees, coming up with a upper bodyroll.

**Start Again and have fun!**

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