

# I'ma TREAT MYSELF!!!

LINEDANCE.COM

**Count:** 32      **Wall:** 2      **Level:** High Beginner

**Choreographer:** Val Saari (January 2019)

**Music:** Treat Myself - Meghan Trainor

## SHUFFLE DIAGONALLY FWD X 2, (RL)

- 1-2      Step RF diagonally right (2:00), Step LF beside R
- 3&4      Shuffle forward RLR (2:00)
- 5-6      Step LF diagonally forward left (10:00), Step RF beside L
- 7&8      Shuffle forward LRL (10:00)

## V-STEP, SHUFFLE BACK RLR, LRL PIVOT 1/2 L

- 1-2      Step RF diagonally forward (1:00), Step LF diagonally forward (11:00)
- 3-4      Step RF back to centre, Step LF together
- 5&6      Shuffle back RLR
- 7&8      Shuffle back LRL Pivot 1/2 L

## RF STOMP, KICK, MAMBO BACK, LF STOMP, KICK, MAMBO BACK

- 1-2      Stomp RF down, kick RF forward
- 3&4      Rock RF back, Recover LF, Step RF beside left
- 5-6      Stomp LF down, kick LF forward
- 7&8      Rock LF back, Recover RF, Step LF beside R

## R SIDE MAMBO (CHA CHA CHA), L SIDE MAMBO, KICK R

### 1-2RF Rock side right, LF recover

- 3&4      Step RF beside Left, Step LF in place, Step RF in place (cha, cha, cha)

### 5-6LF Rock side left, RF recover

- 7-8      Step LF beside Right, Kick RF forward

## REPEAT - No Tags, No Restarts

**Email:** [valeriesaari@icloud.com](mailto:valeriesaari@icloud.com) - **Phone:** 1-905-246-5027