

# SOULED OUT

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Kim Ray (Apr 09)

**Music:** It's Alright by Seal (CD: 79bpm)

## Step Touch, Step Kick, Step Back, Coaster Step, Step Forward

- 1-2 Step right to right side, touch left toe to left side facing left diagonal
- 3-4 Step left in place, kick right forward
- 5 Step back on right
- 6&7 Step back on left, step right next to left, step forward on left
- 8 Step forward on right

## Shuffle Forward, Step Forward, $\frac{1}{4}$ Pivot Turns Left X2, Rock/Recover

- 9&10 Step forward on left, step right beside left, step forward on left
- 11-12 Step forward on right,  $\frac{1}{4}$  pivot turn left
- 13-14 Step forward on right,  $\frac{1}{4}$  pivot turn left
- 15-16 Rock forward on right, recover back on left

## Triple $\frac{3}{4}$ Turn Right, Rock/Recover, Full Turn, Step Forward, Hold

- 17&18 On the spot  $\frac{3}{4}$  triple turn right, stepping right, left, right
- 19-20 Rock forward on left, recover back on right
- 21&22 Full triple turn left, stepping left, right left (non turning option: coaster step)
- 23-24 Step forward on right, hold

## Ball Step, Rock/Recover, Coaster Cross, $\frac{1}{4}$ Turn Left, $\frac{1}{2}$ Turn Left, $\frac{1}{4}$ Turn Left, Together

- &25 Step left next to right,
- 26-27 Rock forward on left, recover back on right
- 28&29 Step back on left, step right next to left, cross left over right
- 30-31  $\frac{1}{4}$  turn left stepping back on right,  $\frac{1}{2}$  turn left stepping forward on left**
- 32&  $\frac{1}{4}$  turn left stepping right to right side, step left next to right**

**(non turning option: 30-32& - Step right to right side, step left next to right, step right to right side, step left next to right)**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=77608](https://www.linedance.com/index.php?f=dance_view&id=77608)