

# WOMAN TO MAN

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**Count:** 48

**Wall:** 4

**Level:** advanced

**Choreographer:** Raymond Sarlemijn

**Music:** Woman to Man by Harriet

## ROCK BACK, ¼ TURN, TURN TO THE LEFT, TURN TO THE RIGHT

- 1 Hold
- 2 Rock back on your left feet
- & Step on right feet
- 3 Step on left feet with a ¼ turn to the left
- 4 Step out on right feet, while doing this prepare for the ronde
- 5 Make a ronde with your left feet
- 6 Cross your left feet behind your right feet
- & Step out on right feet to the side
- 7 Cross your left feet in front of your right feet
- 8 Make a ½ turn to the right
- 1 With right feet make a ronde

## MAKE A RONDY, WEIGHT CHANGE, MAKE A POSE

- 2 Put your right feet behind your left feet
- 3 Point your left feet to the side
- 4 Change your weight to your left feet, while doing this bend to your left knee
- 5-8 Slide your right feet slowly next to your left feet, while doing this keep growing
- 1 Finish the sliding from previous counts 5 -8

## WALK, WALK, CROSS, TURN RONDE, COASTER STEP

- 2 Start cross walk with your right feet
- 3 Make a cross walk with your left feet
- 4 Make a cross walk with your right feet
- 5 Cross your left feet in front of right feet
- 6 Make a ½ turn to the right, while doing this start the ronde

7 Make a ronde with your right feet

8&1 Coaster step starting with your right feet and make a 45° turn to the right

### **A QUICK VINE TO THE RIGHT, MAKE A POSE**

2 Put your left feet in front

& Right feet next to your left feet

3 Put your left feet behind right feet

& Put your right feet to the side

4 Put your left feet in front of right feet

& Put your right feet to the side

5 Swing your left feet behind your right feet

6 Hold

7 Hold

8 Hold

& Start making a body roll with a ¼ to the left

1 Finish the body roll and finish the turn to the left

### **SHUFFLE, MAMBO STEPS, STEP, SCUFF, TURN**

2-3 Make shuffle with your right feet

4 Step out with your left feet

& Step back on your right feet

5 Put your left feet behind your right feet

6 Step out on your left feet

& Step back on your right feet

7 Put your left feet behind your right feet

8 Step out on your left feet to the front

1 Make a scuff with your right feet and start turning a ½ to the left

### **BEND THROUGH YOUR KNEES, MAKE A POSE, GET UP AND SLIDE ONE FEET**

2 Finish the turn a ½ to the left side

3 Put your right feet in front

4 Bend through your knees

- 5 Push your body to opposite direction of your legs
- 6 Come on up, start stretching your knees
- 7 Step out on your right feet
- 8-1 Slide your left feet next to your right feet

**REPEAT**

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