

Swingin'

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Count: 40 **Wall:** 4 **Level:** Improver

Choreographer: Peter Jones & Anna Lockwood (UK) Jan 2012

Music: Swingin' by Scotty McCreery. Album: "American Idol Season 10"

S1: Kick Ball Change, 2 x Heel Bounces, Rock Back, Recover, Kick Ball Cross.

- 1&2** Kick R Forward, Step R Next To L, Step L In Place.
- 3-4** Turn $\frac{1}{4}$ R While Bouncing Both Heels x 2.
- 5-6** Rock Back Onto R, Recover Weight Onto L.
- 7&8** Kick R Forward, Step R Next To L, Cross L Over R.

S2: Side, Hold, Together, Side, Touch, Turn, Turn, Chasse.

- 1-2** Step R To R Side, Hold For 1 Count.
- &3-4** Step L Next To R, Step R To R Side, Touch L Next To R.
- 5-6** Turn $\frac{1}{4}$ L Onto L, Turn $\frac{1}{2}$ L Stepping Back Onto R.
- 7&8** Turn $\frac{1}{4}$ L Onto L, Step R Next To L, Step L To L Side.

S3: 2 x Forward Hip Bumps, Back, Back, Back, Hitch.

- 1&2** Step Forward Onto R Bumping Hips Forward, Step Back Onto L Bumping Hips Back, Step Forward Onto R Bumping Hips Forward.
- 3&4** Step Forward Onto L Bumping Hips Forward, Step Back Onto R Bumping Hips Back, Step Forward Onto L Bumping Hips Forward.
- 5-6** Step Back Onto R, Step Back Onto L.
- 7-8** Step Back Onto R, Hitch L Knee.

(Optional: While Hitching L Knee, Raise Both Arms Up To Shoulder Height With Thumbs Raised)

S4: Cross, Side, Behind, Side, Heel, Step, Cross, Side, Sailor $\frac{1}{4}$ Turn.

- 1-2** Cross L Over R, Step R To R Side.
- 3&4** Cross L Behind R, Step R To R Side, Touch L Heel Forward To L Diagonal.
- &5-6** Step L Next To R, Cross R Over L, Step L To L Side.
- 7&8** Turn $\frac{1}{4}$ R Stepping R Behind L, Step L To L Side, Step R To R Side.

S5: Cross, Hold, Side, Cross Shuffle, Side, Recover, Behind, ¼ Step.

1-2 Cross L Over R, Hold For 1 Count.

&3&4 Step R To R Side, Cross L Over R, Step R To R Side, Cross L Over R.

5-6 Rock R To R Side, Recover Weight Onto L.

7-8 Cross R Behind L, Turn ¼ L Onto L.

Have fun and dance with a smile ;0)