

Mi MEDICINA de Amor XOX

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Val Saari (Canada, October 2018)

Music: Mi Medicina - CNCO

SIDE TOE-STRUTS R, MAMBO RIGHT, SIDE TOE-STRUTS L, MAMBO LEFT

- 1&2&** Touch RF toes to right side, Step RF heel down, Touch LF toes beside RF, Step LF heel down
- 3&4** Rock RF to right side, Recover LF, Step RF beside left
- 5&6&** Touch LF toes to left side, Step LF heel down, Touch RF toes beside LF, Step RF heel down
- 7&8** Rock LF to left side, Recover RF, Step LF beside right

R TOE TOUCHES, CROSS-ROCK BACK, L TOE TOUCHES, CROSS-ROCK BACK

- 1-2** Touch RF toes forward twice
- 3&4** Cross-rock RF behind L, Recover LF, Step RF beside left
- 5-6** Touch LF toes forward twice
- 7&8** Cross-rock LF behind R, Recover RF, Step LF beside right

RAMBLES FORWARD X 2 (RL), RF ROCK FWD, LF RECOVER, RF MAMBO BACK PIVOT 1/4 R

1-2RF point to right side, RF step forward in front of L

3-4LF point to left side, LF step forward in front of R

- 5-6** Rock RF forward, Recover LF
- 7&8** Rock RF back pivot 1/4 R, Recover LF, Step RF beside L

RAMBLES FORWARD X 2 (LR), LF ROCK FWD, RF RECOVER, LF MAMBO BACK, FLICK R

1-2LF point to left side, LF step forward in front of R

3-4RF point to right side, RF step forward in front of L

- 5-6** Rock LF Forward, Recover RF
- 7&8&** Rock LF back, Recover RF, Step LF beside R, Flick R heel up

REPEAT - No Tags, No Restarts

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