

Flip, Flop & Fly ... EZ

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Count: 48 **Wall:** 4 **Level:** Easy Beginner

Choreographer: Val Saari (Canada, December 2018)

Music: Flip, Flop & Fly - Downchild Blues Band

TOE-STRUTS FWD (RL), HEEL-STRUTS FWD PIVOT 1/4 R (RL)

- 1-2 Touch toes of RF forward (1:00), Step heel down
- 3-4 Touch toes of LF forward (11:00), Step heel down
- 5-6 Pivot forward 1/4 R on RF heel, Step toes down
- 7-8 Step LF beside R on LF heel, Step toes down

MAMBO RIGHT, MAMBO LEFT

1-4RF Rock side right, LF recover, RF close together beside L & hold

5-8LF Rock side left, RF recover, LF close together beside R & hold

TOE-STRUTS FWD (RL), HEEL-STRUTS FWD PIVOT 1/4 R (RL)

- 1-2 Touch toes of RF forward (1:00), Step heel down
- 3-4 Touch toes of LF forward (11:00), Step heel down
- 5-6 Pivot forward 1/4 R on RF heel, Step toes down
- 7-8 Step LF beside R on LF heel, Step toes down

MAMBO RIGHT, MAMBO LEFT

1-4RF Rock side right, LF recover, RF close together beside L & hold

5-8LF Rock side left, RF recover, LF close together beside R & hold

HEEL SWITCHES (RL), SIDE POINTS (RL)

- 1-2 Touch RF heel forward, Step RF beside L
- 3-4 Touch LF heel forward, Step LF beside R
- 5-6 Point RF to right side, Step RF beside L
- 7-8 Point LF to left side, Step LF beside R

TRAVELLING SWIVELS WITH FINGER SNAPS RIGHT, LEFT

1-4 Swivel both heels to right, both toes to right, both heels to right, Snap R fingers

5-8 Swivel both heels to left, both toes to left, both heels to left, Snap L fingers

REPEAT - No Tags, No Restarts

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=130157