

More Today than YESTERDAY

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Count: 32 **Wall:** 4 **Level:** Absolute Beginner

Choreographer: Val Saari (Canada, January 2019)

Music: More Today Than Yesterday - Spiral Starecase

RF ROCKING CHAIR, MAMBO RIGHT ("t" step), CLAP

1-2 Rock RF forward, Recover Left

3-4 Rock RF back, Recover Left

5-6RF Rock side right, LF recover

7-8RF close together beside L, Clap hands

LF ROCKING CHAIR, MAMBO LEFT ("t" step), CLAP

1-2 Rock LF forward, Recover Right

3-4 Rock LF back, Recover Right

5-6LF Rock side left, RF recover

7-8LF close together beside R, Clap hands

HEEL STRUTS, TOE-STRUTS, MAKING 1/4 TURN TO RIGHT ("ARC" PATTERN)

1-4 Step RF forward Heel-Toe, Step LF heel forward Heel-Toe

5-8 Step RF forward on toe, Step down on heel/ Step LF forward, Step down on heel

HEEL SWITCHES BACK X 4 (R,L,R,L)

1-2 Touch R Heel forward on floor, Step RF back

3-4 Touch L Heel forward on floor, Step LF back

5-6 Touch R Heel forward on floor, Step RF back

7-8 Touch L Heel forward on floor, Step beside R

REPEAT - No Tags, No Restarts

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