

# Sweet Virginia

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Gaye Teather (UK) August 2018

**Music:** Sweet Virginia by Chris Norman (158 bpm.) CD: Don't Knock the Rock

## #32 count intro. Start dancing on vocals

Track available to download from iTunes, Amazon etc.

## Kick. Together. Cross. Side. Heel taps. Heel swivels\*

- 1 - 2            Kick Right foot forward. Step Right beside Left
- 3 - 4            Cross Left over Right. Step Right to Right side (angling body to face Left diagonal)
- 5 - 6            Keeping weight on Right. Tap Left heel to floor twice
- 7 - 8            Swivel Left heel to Left (straightening up to 12 o'clock). Swivel Right heel to Left (weight remains on Left)

**\*Alternatively, steps 7-8 can be replaced with a simple step Left. Touch Right beside Left**

## Right Scissor step. Vine Left. Cross rock

- 1 - 2            Step Right to Right side. Step Left beside Right#
- 3 - 4            Cross Right over Left. Step Left to Left side
- 5 - 6            Cross Right behind Left. Step Left to Left side
- 7 - 8            Cross rock Right over Left. Recover onto Left

## Chasse quarter turn Right. Step. Pivot half turn Right. Left toe strut forward. Right toe strut forward

- 1&2            Step Right to Right side. Step Left beside Right. Quarter turn Right stepping forward on Right (3 o'clock)
- 3 - 4            Step forward on Left. Pivot half turn Right (Facing 9 o'clock)
- 5 - 6            Step Left toe forward. Drop Left heel to floor
- 7 - 8            Step Right toe forward. Drop Right heel to floor

## Long step Left. Touch in. Out. In. Side Right toe strut. Cross toe strut

- 1 - 2            Long step to Left on Left. Touch Right beside Left

- 3 - 4** Touch Right to Right side. Touch Right beside Left
- 5 - 6** Step Right toe to Right side. Drop Right heel to floor
- 7 - 8** Cross Left toe over Right. Drop Left heel to floor

### **Start again**

**\*Tags: These occur at the end of wall 2 (facing 6 o'clock), wall 6 (facing 6 o'clock) and wall 11 (facing 3 o'clock) and comprise 4 hip bumps. Trust me... they are really, really easy to spot!**

- 1 - 4** Step Right to Right side bumping hips Right. Left. Right. Left

**Optional ending: The dance ends on count 32 with Left crossed over Right and facing 6 o'clock.**

**Unwind half turn Right to end facing front**

**music link <https://soundcloud.com/chris-norman-music/sweet-virginia>**