

Moments in the Mountains

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Karen Tripp (BC), Val Saari (Ontario) April 2019

Music: Moments in the Mountains by Madison Olds (iTunes Canada, Amazon)

No Tags Or Restarts

Wait 32 counts, start on the lyrics, "We catch our breath..."

JAZZ KICK-BALL-POINT, STEP, POINT OUT, IN, OUT

- 1-2 Cross RF over left, Step LF back
- 3&4 Kick RF Forward, Step RF next to left, Point left toe to left side
- 5-6 Step LF beside R, Point right toe to right side
- 7-8 Touch right toe next to LF, Point right toe to right side

JAZZ ¼ R KICK-BALL-POINT, STEP, SYNCOPATED POINTS (3:00)

- 1-2 Cross RF over left, turn 1/4 R and step LF back
- 3&4 Kick RF Forward, Step RF next to left, Point Left Toe to Left Side
- 5-6-7 Step LF beside R, Point right toe to right side, hold
- &8 Touch right toe next to LF (&), Point right to toe to right side (8)

R CROSS SHUFFLE, 1/2 LEFT CROSS SHUFFLE, 4 SWAYS (9:00)

- 1&2 Cross RF over LF, Step on LF, Cross RF over LF
- 3&4 Turn ½ left and cross LF over RF, step on RF, Cross LF over RF (9:00)
- 5-8 Sway right, left, right, left

CROSS R ROCK FWD/RECOVER, TRIPLE, L CROSS ROCK FWD/RECOVER, TRIPLE

- 1-2 Cross RF over left, recover weight to LF
- 3&4 Step on RF, close LF next to RF, step on RF
- 5-6 Cross LF over right, recover weight to RF
- 7&8 Step on LF, close RF next to LF, step on LF

ENDING: The last wall (11) starts facing 6:00 (third time you come to 6:00). At the end of the routine you are facing 3:00.

To end facing 12:00, after the last Left Cross Rock/Recover (S4, counts 5-6), turn 1/4L and do a Triple stepping L, R, L.

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