

# One Less Day

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Tom Glover (AUS) May 2019

**Music:** Rob Thomas - "One Less Day" (Dying Young)

**Dance begins after 32 counts.**

**Right Side Recover, Cross Shuffle, Left Side Recover, Cross Shuffle.**

1 - 2            Step Right to Right side, recover onto Left,

3&4            Cross shuffle to the Left, Right-Left-Right,

5- 6            Step Left to Left side, recover onto Right,

7&8            Cross shuffle to the Right, Left-Right-Left. \*\*

**Side 1/4 Left, 1/4 Left Shuffle, Behind 1/4 Right, Forward, 1/2 Pivot.**

1 - 2            Step Right to Right side, turn 1/4 Left and step Left to Left side,

3&4            Turn 1/4 Left and shuffle to Right, Right-Left-Right.

5- 6            Step Left behind Right, step forward onto Right as you turn 1/4 Right,

7 -8            Step Left forward, pivot 1/2 turn Right.

**Diagonal Touches, Rock/Replace, Shuffle Back.**

1 - 2            Step Left to Left diagonal, touch Right beside Left,

3 - 4            Step Right to Right diagonal, touch Left beside Right,

5 -6            Step Left forward, rock back onto Right,

7&8            Shuffle back, Left- Right-Left.

**Back Rock, Kick-Ball-Change, Step Right-Left, Kick-Ball-Cross.**

1 - 2            Rock back onto Right, rock forward onto Left,

3&4            Kick Right forward, step onto ball of Right, step Left slightly forward,

5 -6            Walk forward Right - Left,

7&8            Kick Right forward, step onto ball of Right, cross Left over Right.

**[32]**

**\*\* During walls 5 and 7 - restart after first 8 counts of the dance.**

**First Restart facing the front.**

**Second Restart facing 3 o'clock.**

**FINISH**

**Do your 1/4 shuffle, Right-Left-Right, to the back wall, Left behind**

**Right, 1/4 forward onto Right, step forward onto Left, pivot**

**1/4 Right to the front. Step Left together.**

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