

I'm Ready To Run

LINEDANCE.COM

Count: 64

Wall: 2

Level: Improver

Choreographer: Caroline Cooper & Ann-Kristin Sandberg - July 2019

Music: "Ready to Run" by the Luck (3,41) iTunes

Start on main vocals

SECTION 1: OUT, OUT, COASTER STEP, WALK X 2, SHUFFLE

- 1-2** Step R out to R diagonal, step L out to L diagonal
- 3&4** Step R foot back, step L foot back, step R foot forward
- 5-6** Walk forward L & R
- 7&8** Step forward L, step R next to L, step forward L (12)

SECTION 2: STEP 1/4, CROSS SHUFFLE, 1/4 1/4 CROSS SHUFFLE

- 1-2** Step forward R, 1/4 pivot turn L (weight L)
- 3&4** Cross R over L, step L to L side, cross R over L
- 5-6 1/4 turn R stepping back on L, 1/4 turn R stepping R to R side**
- 7&8** Cross L over R, step R to R side, cross L over R (3)

SECTION 3: SIDE, TOUCH, KICK & CROSS, SIDE RECOVER, CHASSE

- 1-2** Step R to R side, Touch L next to R
- 3&4** Kick L foot forward, Step L next to R, Cross R over L
- 5-6** Step L to L side, Recover onto R
- 7&8** Step L to L side, Step R next to L, Step L to L side (3)

SECTION 4: CROSS, BACK, BACK, CROSS, BACK TOUCH, SHUFFLE

- 1-2** Cross R over L, Step L back
- 3-4** Step R back, Cross L over R
- 5-6** Step R back, Touch L next to R
- 7&8** Step L forward, Step R next to L, Step L forward (3)

SECTION 5: STOMP, HOLD, BEHIND SIDE CROSS, 1/4 MONTERAY

- 1-2** Stomp R to R side, hold

- 3&4** Cross L behind R, step R to R side, cross L over R
- 5-6** Point R to R side, $\frac{1}{4}$ turn R stepping R next to L
- 7-8** Point L to L side, close L next to R (6)

SECTION 6: STOMP, HOLD, BEHIND SIDE CROSS, $\frac{1}{2}$ MONTERAY

- 1-2** Stomp R to R side, hold
- 3&4** Cross L behind R, step R to R side, cross L over R
- 5-6** Point R to R side, $\frac{1}{2}$ turn R stepping R next to L
- 7-8** Point L to L side, close L next to R (12)

SECTION 7: ROCK RECOVER, $\frac{1}{2}$ TURN R INTO SHUFFLE, ROCK RECOVER, COASTER STEP

- 1-2** Step R forward, Recover onto L
- 3&4** $\frac{1}{2}$ turn R stepping R forward, Step L next to R, Step R forward (6)
- 5-6** Step L forward, Recover onto R
- 7&8** Step L back, Step R next to L, Step L forward (6)

SECTION 8: STEP, TOGETHER, STEP, TOUCH, STEP, TOGETHER, STEP, TOUCH

- 1-2** Step R diagonal forward to R, Step L next to R
- 3-4** Step R diagonal forward to R, Touch L next to R (clap on count 4)
- 5-6** Step L diagonal forward to L, Step R next to L
- 7-8** Step L diagonal forward to L, Touch R next to L (clap on count 8) (6)

RESTART ON WALL 6 AFTER 8 COUNTS F 06

HAPPY DANCING!

CONTACT : coolcoopers@yahoo.com anne88@online.no