

# Stomp It Out Now

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**Count:** 48

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Rob Fowler & Ivonne Verhagen - July 2019

**Music:** Stomp It Out by the Farm

**Dance starts on vocals after 32 counts**

## **SECTION 1: TOE HEEL STOMP (2X), MAMBO FORWARD, SHUFFLE BACK**

**1&2** Touch Right Toe Diagonally Forward (Heel Out), Touch Right Heel Diagonally Forward (Toe Out), Stomp RF

**3&4** Touch Left Toe Diagonally Forward(Heel Out), Touch Left Heel Diagonally Forward(Toe Out), Stomp LF

**5&6RF rock forward, LF recover on LF, RF step back**

**7&8LF step back, RF close to RF, LF step back**

## **SECTION 2: COASTER STEP,SHUFFLE FORWARD, SIDE ROCK & CROSS SIDE ROCK & POINT SIDE**

**1&2RF step back, LF close to LF, RF step forward**

**3&4LF step forward, RF close to LF, LF step forward**

**5&6RF rock right to R side, LF recover on LF, RF cross over LF**

**&7&8LF rock left to L side, RF recover on RF, LF cross over RF, RF point to right side**

## **SECTION 3: JAZZ BOX, CHASSE RIGHT, BACK ROCK & STEP OUT**

**1,2,3,4RF cross over LF, LF step back, RF step side, LF cross over rf**

**5&6RF step side, LF close to RF, RF step side**

**7&8LF rock back, RF recover weight on RF, LF step out**

## **SECTION 4: STOMP, STOMP, HEEL GRIND, STOMP, STOMP, HEEL GRIND, SAILOR STEP, SAILOR ½ LEFT (FINISH STOMP)**

**1&2** Stomp RF x2, grind RF stepping LF to Left

**3&4** Stomp RF x2, grind RF stepping LF to Left

**\*\* Restart in wall 3**

**5&6RF Cross behind LF, LF step side, RF step side**

**7&8½ Turn left & LF cross behind RF, RF step side, LF stomp side (song says "HEY") (6h)**

**SECTION 5: SIDE ROCK & CROSS, BACK JAZZ, SIDE TOUCH & SIDE TOUCH, TURNING HEEL AND TOE SYNCOPATION**

**1&2RF rock right to the side, LF recover weight on LF, RF cross over LF**

**3&4LF step diagonal back, RF step side, LF cross over RF**

**5&6RF touch toe to the right side, RF step in place, LF touch toe to the left side**

**&7&8** Make a ¼ turn left stepping left foot next to right foot, touch right toe back, step right foot next to left foot, touch left heel forward (3h)

**SECTION 6: FINISH TURNING HEEL AND TOE SYNCOPATION, PIVOT ½ 2X**

**&1&2** Step left foot next to right foot, touch right heel forward, ¼ turn left & step right foot next to left foot, touch left toe back (12h)

**&3&4&** Make a ¼ turn left stepping left foot next to right foot, touch right toe back, step right foot next to left foot, touch left heel forward (9h) Step LF in place.

**5,6RF step forward, ½ turn left (weight ends on LF) (3h)**

**7,8RF step forward, ½ turn left (weight ends on LF) (9h)**

**\*\* Restart in wall 3 after count 28**

**Have Fun!**

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