

# La Vie Est Belle

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**Count:** 48      **Wall:** 2      **Level:** Phrased Intermediate

**Choreographer:** Guillaume RICHARD - September 2019

**Music:** Parle à ta tête, by Indila

**Phrased : A, BB, A, BB, AAAA, A (16 counts), Restart, BBBB**

**Starting the dance facing the back (6:00)**

**Intro: 32 counts**

**Restart : At wall 11, do the first 16 counts and start again facing 6:00**

## PART A

### [1 - 8] Toe Strut x2, Step ½ turn, Step Fwd, Sweep

- 1-2      Place R toe forward (1), Drop R heel (2) 12:00
- 3-4      Place L toe forward (3), Drop L heel (4) 12:00
- 5-6      Step RF forward (5), Make ½ turn L stepping on L (6) 12:00
- 7-8      Step RF forward (7), Sweep LF from the back to the front (8) 12:00

### [9 - 16] Cross, Side Step, Cross, Point, Cross, Side Step, Cross, Side Step

- 1-2      Cross LF over RF (1), Step RF to R (2) 12:00
- 3-4      Cross LF behind RF (3), Point RF to R (4) 12:00
- 5-6      Cross RF over LF (5), Step LF to L (6) 12:00
- 7-8      Cross RF behind LF (7), Step LF to L (8) 3:00

### [17 - 24] Cross Rock Step, Side Shuffle, Cross Rock Step, Shuffle ¼ turn Step

- 1-2      Cross RF over LF (1), Recover on LF (2) 3:00
- 3&4      Step RF to R (3), Step LF next to RF (&), Step RF to R (4) 3:00
- 5-6      Cross LF over RF (5), Recover on RF (6) 3:00

**7&8** Step LF to L (7), Step RF next to LF (&), Make  $\frac{1}{4}$  turn L stepping LF forward (8) 6:00

**[25 - 32]  $\frac{1}{4}$  turn Step, Touch,  $\frac{1}{2}$  turn Step Scuff, Cross, Side Step, Cross, Side Step**

**1-2** Make  $\frac{1}{4}$  turn L stepping RF to R (1), Touch LF next to RF (2) 6:00

**3-4** Make  $\frac{1}{2}$  turn L stepping LF forward (3), Scuff RF forward (4) 6:00

**5-6** Cross RF over LF (5), Step LF to L (6) 9:00

**7-8** Cross RF behind LF (7), Make  $\frac{1}{4}$  turn L stepping LF forward (8) 9:00

**PART B**

**[1-8] Step Fwd x2, Charleston Step x2, Step Bwd x2, Charleston Step x2**

**1-2** Step RF forward (1), Step LF forward (2) 12:00

**3-4** Point RF in front of LF as you swivel heels (3), Repeat count 3 (4)

**Option arms: Point your R index finger next to right temple on count 3 and 4 12:00**

**5-6** Step RF backward (5), Step LF backward (6) 12:00

**7-8** Point RF behind LF as you swivel heels (7), Repeat count 7 (8) 12:00

**Option arms: Point your L index finger next to your left temple on count 7 and 8**

**[9-16] Step Point x2, Step  $\frac{1}{2}$  turn, Step on place x2**

**1-2** Step RF forward (1), Point L toe in front of RF (2) 12:00

**Option arms: Point your R index finger next to right temple on count 2**

**3-4** Step LF backward (3), Point R toe behind LF (4) 12:00

**Option arms: Point your L index finger next to left temple on count 4**

**5-6** Step RF forward (5), Make  $\frac{1}{2}$  turn L stepping on LF (6) 6:00

**7-8** Step RF on place (7), Step LF on place (8) 6:00

**Option arms: Point your R index finger next to your R temple on count 7, Point your L index finger next to your L temple on count 8**

**Ending At the last B of the dance, on count 13 and 14, change the steps by a Rock Step Forward and finish the dance with counts 15 and 16**

**13-14** Step RF forward (13), Recover on LF (14) 12:00

**15-16** Do the normal counts 15 and 16 of part B 12:00

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