

Twist and Shout

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Count: 32

Wall: 4

Level: Beginner

Choreographer: Chika Hapsari & Roosamekto Mamek (ULD Bekasi) - Indonesia (November 2019)

Music: Twist and Shout by Chaka Demus & Pliers feat. Jack Radics

Intro: 32 count - NO TAG, NO RESTART

S1. ROCK FORWARD, RECOVER, BACK LOCK SHUFFLE, BACK ROCK, RECOVER, FORWARD LOCK SHUFFLE

- 1-2** Rock R forward - Recover on L (12:00)
- 3&4** Step R back - Lock L over R - Step R back
- 5-6** Rock L back - Recover on R
- 7&8** Step L forward - Lock R behind L - Step L forward (12:00)

S2. FORWARD, SIDE TOUCH, PADDLE TURN 1/4 LEFT (2X)

- 1-4** Step R forward (slightly Cross over L) - Touch L to side - Step L forward (slightly Cross over R) - Touch R to side (12:00)
- 5-8** Step R forward - Turn 1/4 left - Step R forward - Turn 1/4 left (6:00)

S3. FORWARD LOCK SHUFFLES, ROCKING CHAIR

- 1&2** Step R forward - Lock L behind R - Step R forward (6:00)
- 3&4** Step L forward - Lock R behind L - Step L forward
- 5-8** Rock R forward - Recover on L - Rock R back - Recover on L (6:00)

S4. JAZZ BOX TURN 1/4 RIGHT, TWISTING

- 1-4** Cross R over L - Turn 1/4 right step L back - Step R to side - Step L together/forward (3:00)
- 5-8** Twist both heels to right - Twist to left - Twist to right - Twist to left (3:00)

(while doing this booth feet close/together and using balls of foot to twisting, weight on both feet)

REPEAT

For more info about step sheet & song, please contact:

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STEPSHEET TAKEN FROM COPPERKNOB (144.217.101.242)

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=137384