

Get Back Ups

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Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Kim Ray - November 2019

Music: Win Life by Luke Bryan / 91 bpm / 3:13

Intro: 16 counts

S1: STEP SIDE, TOGETHER, CHASSE RIGHT, CROSS ROCK/RECOVER, CHASSE ¼ TURN LEFT

- 1-2** Step right to right side, step left together
- 3&4** Step right to right side, step left next to right, step right to right side
- 5-6** Cross rock left over right, recover back on right
- 7&8** Step left to left side, step right next to right, ¼ turn left stepping forward on left (9:00)

S2: ½ PIVOT TURN LEFT, ¼ PIVOT TURN LEFT, CROSS, BACK & CROSS SHUFFLE

- 1-2** Large step forward on right, ½ pivot turn left (3:00)
- 3-4** Large forward on right, ¼ pivot turn left ((12:00)
- 5-6** Cross right over left, step back on left
- &7&8** Step right slightly back, cross left over right, step right to right side, cross left over right

(RESTART HERE ON WALL 3)

S3: SIDE ROCK RIGHT/RECOVER, WEAVE, SIDE ROCK LEFT/RECOVER, BEHIND, SIDE, FORWARD

- 1&2** Step right to right side, touch left next to right, step left to left side
- 3&4** Cross right behind left, step left to left side, cross right over left
- 5&6** Step left to left side, touch right next to left, step right to right side
- 7&8** Cross left behind right, step right to right side, step forward on left (12:00)

S4: ½ PIVOT TURN LEFT, SHUFFLE ½ TURN LEFT, ¼ TURN LEFT, TOUCH RIGHT, BALL BEHIND, BALL CROSS

- 1-2** Step forward on right, pivot ½ turn left (6:00)
- 3&4** Shuffle ½ turn left stepping right, left, right (12:00)
- 5-6¼ turn left stepping left to left side, touch right next to left (9:00)**

&7 Step right to right side, cross left behind right

8& Step right to right side, cross left over right

Dances finishes on count 8 of S3 - ¼turn left stepping right to right side (12:00)

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Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=137494