

# Fire It Up

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** Easy Intermediate

**Choreographer:** Ivonne Verhagen (NL), Daniel Trepap (NL), Roy Hoeben (NL) November 2019

**Music:** "Fire it up" by Outasight

**(Start on Vocals after 32 counts)**

**[1-8]: BACK SWEEP, BACK SWEEP, COASTER STEP, WALK, WALK & LOCK, UNWIND ½ WITH HEEL BOUNCE, JUMP OUT**

**1,2RF step back and sweep LF back, LF step back and sweep RF back**

**3&4RF step back, LF step next right, RF step forward**

**5&6LF step forward, RF step forward, LF lock behind RF**

**7&8** Start unwind ½ turn left, Heel bounce and finish unwind ½ turn left, Jump both feet apart (weight on LF) (6h)

**[9-16]: TWIST 2X, HITCH, STEP BIG STEP SIDE, TOUCH, ¼ RIGHT & STEP SIDE TOUCH, RIGHT HAND UP, LEFT HAND UP**

**1&2RF twist heel in, RF twist toe in, Hitch right knee in front of left**

**3,4RF step a big step side, LF touch to RF**

**5,6¼ turn right & LF step side, RF touch to LF (9h)**

**&7&8** Bend both knees and lean left, Right hand up, Bend both knees and lean right, Left hand up

**[17-24]: CROSS ROCK FORWARD & SIDE (2X), STEP, 2X PADDLE (TOTAL ½ TURN RIGHT)**

**1&2RF cross rock over LF (push hips forward), LF recover on LF, RF step side**

**3&4LF cross rock over RF(push hips forward), RF recover on RF, LF step side**

**5,6RF step forward, ¼ turn right and paddle with LF**

**7-8¼ turn right and paddle with LF, LF step forward (3h)**

**[25-32]: STEP, 2X PADDLE (TOTAL ½ TURN RIGHT), KICK, OUT, OUT, 2 KNEE POPS**

**1-2RF step forward, ¼ turn right and paddle with LF**

**3-4<sup>1</sup>/<sub>4</sub> turn right and paddle with LF, LF step forward (9h)**

**5&6RF kick forward, RF step out, LF step out**

**&7&8** Bend both knees lifting heels slightly, straighten both legs lowering heels softly, bend both knees lifting heels slightly, straighten both legs lowering heels softly (weight finish on LF)

**Tag 1 16 counts:**

**WALK RIGHT SIDE OF THE FLOOR, HOLD, WALK LEFT SIDE OF THE FLOOR, HOLD**

**1,2,3,4walk to the right side of the floor R-L-R- Hold (show them “Get louder now”)**

**5,6,7,8walk to the left side of the floor L-R-L- Hold (show them “Get louder now”)**

**JAZZ BOX WITH A BIG STEP RIGHT, CROSS OVER, 4X WALK FORWARD TO SPOT**

**1,2,3,4RF cross over LF, LF step back, RF step big step side, LF cross over RF**

**5,6,7,8RF walk forward, LF walk forward, RF walk forward, LF walk forward (to your own dance spot)**

**Tag 2 : 8 counts:**

**STEP FORWARD, 7X BOUNCE (TOTAL 1/2 TURN)**

**1,2,3,4RF step forward, 1/8 turn bounce both feet, bounce both feet, step forward, 1/8 turn bounce both feet, bounce both feet,**

**5,6,7,81/8 turn bounce both feet, bounce both feet, 1/8 turn bounce both feet, bounce both feet (weight finish on LF)**

**TAG 1: After wall 2 (6h) and 5 (9h)**

**TAG 2 : After wall 7 (3h)**

**Start again. Have fun!**

**Last Update - 23 Jan. 2020**

**STEPSHEET TAKEN FROM COPPERKNOB (144.217.101.242)**