

No Good For You

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Count: 32 **Wall:** 4 **Level:** High Beginner

Choreographer: Chika Hapsari & Roosamekto Mamek (ULD Bekasi) - Indonesia (January 2020)

Music: No Good For You by Meghan Trainor

Intro: 2 count

NOTE : TAG is always doing facing front (12:00)

S1. CROSS, SIDE, SAILOR TURN 1/4 RIGHT, FORWARD, BACK TURN 1/2 LEFT, COASTER STEP

- 1-2 Cross R over L - Step L to side (12:00)
- 3&4 Cross R behind L - Turn 1/4 right step L to side - Step R forward (3:00)
- 5-6 Step L forward - Turn 1/2 left step R back (9:00)
- 7&8 Step L back - Step R together - Step L forward

S2. FORWARD LOCK SHUFFLE, PIVOT 1/2 LEFT, WALK FORWARD

- 1&2 Step R forward - Lock L behind R - Step R forward (9:00)
- 3&4 Step L forward - Lock R behind L - Step L forward
- 5-8 Step R forward - Turn 1/2 left - Step R forward - Step L forward (3:00)

Note: For style, you can do the forward lock shuffle count 1&2 and 3&4 to diagonal forward

S3. VAUDEVILLE, JAZZ BOX

- 1&2& Cross R over L - Step L to side - Touch R toes diagonal forward - Step R beside L (3:00)
- 3&4& Cross L over R - Step R to side - Touch L toes diagonal forward - Step L beside R
- 5-8 Cross R over L - Step L back - Step R to side - Step L forward (3:00)

S4. FORWARD LOCK SHUFFLE, PIVOT TURN 1/2 RIGHT WITH FLICK, SYNCOPATED V STEP, FORWARD, TOGETHER

- 1&2 Step R forward - Lock L behind R - Step R forward (3:00)
- 3-4 Step L forward - Turn 1/2 right flick R back (9:00)
- 5&6& Step R diagonal forward - Step L diagonal forward - Step R back to center - Step L together
- 7-8 Step R forward - Step L together (9:00)

REPEAT

TAG : End of wall 2, 5 & 9 (2x)

End of wall 2, S.4 on count 7-8 do these step, then continue with the TAG

7-8 Step R forward - Turn 1/2 left

On wall 5, S.4 on count 7-8 do these step, then continue with the TAG

7-8 Step R forward - Turn 1/4 left

S1. FORWARD, MAMBO, BACK MAMBO, RIGHT SIDE MAMBO, LEFT SIDE MAMBO

1&2 Rock R forward - Recover on L - Step R back

3&4 Rock L back - Recover on R - Step L forward

5&6 Rock R to side - Recover on L - Step R together

7&8 Rock L to side - Recover on R - Step L together

S2. V STEP, BODY ROLL

1-4 Step R diagonal forward right arm to side - Step L diagonal forward left arm to side - Step R back to center right arm on right hips - Step L together left arm on left hips

5-8 Step R to side roll body to right - Step L in place roll body to left - Step R in place roll body to right - Step L in place roll body to left

When doing 5-8 step your hands make a criss cross in front of your knees, when R foot stepping left hand move, when L foot stepping right hand move

For more info about step sheet & song, please contact:

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