

# Better Get Moving

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**Count:** 32      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** Pim van Grootel & Laura BARTOLOMEI – May 2020

**Music:** "Get Ready" by Rayelle

## **(1 - 8) HITCH BALL STEP, FULL TURN, MAMBO OUT OUT, HEAD, STOMP 2X, STEP OUT**

- 1&2**      Hitch RF, Ball RF together with LF, Step LF forward
- 3&**      Turn  $\frac{1}{2}$  R stepping RF back, Turn  $\frac{1}{2}$  R stepping LF forward
- 4&5**      Mambo RF forward, Recover stepping LF out, Step RF out
- 6**      Turn head to look to the R
- 7&**      Stomp LF together with RF, Stomp LF together with RF
- 8**      Step LF to the L

## **(9 - 16&) BALL STEP $\frac{1}{4}$ , STEP $\frac{1}{2}$ TURN, BALL CROSS $\frac{1}{4}$ WITH SNAPS, STEP $\frac{1}{4}$ , STEP $\frac{1}{2}$ TURN, MAMBOSTEP, WEAVE $\frac{1}{2}$ TURN**

- &1**      Cross RF behind LF on ball, Step LF forward making  $\frac{1}{4}$  turn L
- 2 - 3**      Step RF forward, Turn  $\frac{1}{2}$  R finish with weight on LF
- &4**      Step RF to L turning  $\frac{1}{4}$  L, Cross LF over RF turning body to R snapping both hands
- 5&6**      Step RF forward turning  $\frac{1}{4}$  R, Step LF forward, Turn  $\frac{1}{2}$  L finishing weight on RF
- 7&**      Mambo LF forward, Recover
- 8&**      Step LF back, Turn  $\frac{1}{2}$  L stepping RF forward

## **(17 - 24) STEP FORWARD, CLAP, HITCH SLAP, TOUCH WITH SNAP, PONY STEP, BALL SWEEP + ARM MOVEMENTS, WEAVE, RUN 3X IN CURVE $\frac{3}{4}$**

- 1&**      Step LF forward, Clap hands together
- 2&**      Hitch LF slapping both hands on leg, Touch LF next to RF snapping both hands up
- 3&**      Step LF back making a hitch with RF (pony step), Pushing both hands up, Recover on RF
- 4**      Step LF slightly back sweeping RF from front to back
- 5&6**      Cross RF behind LF, Step LF to L, Cross RF over LF
- 7&8**      Start a  $\frac{3}{4}$  turn curve stepping LF forward, continue curve stepping RF forward, finish curve stepping LF forward

**(25 - 32) HITCH, STEP OUT WITH HIP DIP, TOUCH, TRIPLE STEP, HEEL GRIND, STEP DIAGONAL, CROSS, BACK ¼ TURN, STEP OUT WITH DRAG**

- &1 - 2** Hitch RF, Step RF to L dipping hips to R, Touch LF to L
- 3&4** Step LF to L, Step RF together with LF, Step LF to L
- 5&6** Dig heel of RF crossed over LF, Recover, Step RF in back diagonal turning 1/8 to R
- 7&** Cross LF over RF, Step RF back turning 1/8 L
- 8** Turn ¼ R stepping LF to R and dragging RF towards LF

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