

# Trashy Women

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**Count:** 64      **Wall:** 4      **Level:** Easy Intermediate

**Choreographer:** Kim Liebsch (DK) - February 2021

**Music:** - Confederate Railroad

**Intro: 16 counts after 1'st beat (appr. 7 seconds) Start with weight on L foot**

**Restart: On wall 5 after 32 counts (\*3:00)**

**#1 section: Out out, 3 X knee pops, in in, bounce ¼ turn**

- &1**      Step out R, step out L 12:00
- 2-3-4**      Pop knee's 3 times lifting both heels 12:00
- &5**      Step in L, step in R 12:00
- 6-7-8**      Bounce lifting both heels, bounce 1/8 R lifting both heels, bounce 1/8 R lifting both heels  
3:00

**#2 section: Back rock, shuffle fw, shuffle ½ turn, back rock**

- 1-2**      Rock back on R, recover on L 3:00
- 3&4**      Step fw. on R, step L next to R, step fw. on R 3:00
- 5&6**      Make ½ turn R stepping back on L, step R next to L, step back on L 9:00
- 7-8**      Rock back on R, recover on L 9:00

**#3 section Point together X 2, heel together X 2**

- 1-2**      Cross point R over L, step R beside L 9:00
- 3-4**      Cross point L over R, step L beside R 9:00
- 5-6**      Step R heel fw. step R beside L 9:00
- 7-8**      Step L heel fw. step L beside R 9:00

**#4 section: Step ¼ turn, heel hook, step ¼ turn, heel flick**

- 1-2**      Step fw. on R, make ¼ turn L stepping L to L side 6:00
- 3-4**      Step R heel fw. hook R in front of L 6:00
- 5-6**      Step fw. on R, make ¼ turn L stepping L to L side 3:00
- 7-8**      Step R heel fw. flick R beside L (\*3:00) 3:00

### **#5 section: 2 X point, cross side, sailor step, cross side**

- 1-2 Cross point R over L, point R to R side 3:00
- 3-4 Cross R over L, step L to L side 3:00
- 5&6 Sweep/cross R behind L, step L to L side, step R to R side 3:00
- 7-8 Cross L over R, step R to R side 3:00

### **#6 section: 2 X point, cross side, sailor ¼ turn, walk walk**

- 1-2 Cross point L over R, point L to L side 3:00
- 3-4 Cross L over R, step R to R side 3:00
- 5&6 Sweep/cross L behind R ¼ turn L, step R to R side, step L to L side 12:00
- 7-8 Walk fw. R, walk fw. L 12:00

### **#7 section: Crossing toe strut, side rock ¼ turn, toe strut, step ¼ turn**

- 1-2 Cross R toe over L, drop R heel to floor 12:00
- 3-4 Rock L to L side, recover ¼ turn R stepping fw. on R 3:00
- 5-6 Step L toe fw. drop L heel to floor 3:00
- 7-8 Step fw. on R, make ¼ turn L stepping L to L side 12:00

### **#8 section: Shuffle fw, shuffle ½ turn, back rock, walk walk**

- 1&2 Step fw. on R, step L next to R, step fw. on R 12:00
- 3&4 Make ½ turn R stepping back on L, step R next to L, step back on L 6:00
- 5-6 Rock back on R, recover on L 6:00
- 7-8 Walk fw. R, walk fw. L 6:00

**Good Luck & N'Joy!**

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