

Shivers 101

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Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Raymond Sarlemijn (NL) - November 2021

Music: - Ed Sheeran

Starting position: sweetheart

Intro: 16 counts

SIDE, TOGETHER, SHUFFLE FORWARD, STEP $\frac{1}{4}$ TURN LEFT, STEP RIGHT TO SIDE, CROSSING SHUFFLE

1,2,3&4 Step right to right side, step left next to right, shuffle forward right, left, right

5,6,7&8 Step left forward turning slightly left, step right to right side, cross left over right, step right to side, cross left over right

Man: WALK, WALK, SHUFFLE, WALK, WALK SHUFFLE

Lady: $\frac{1}{4}$ TURN, $\frac{1}{2}$ TURN, SHUFFLE BACK, $\frac{1}{4}$ TURN, $\frac{1}{4}$ TURN, SHUFFLE FORWARD

1,2,3&4MAN: Turn $\frac{1}{4}$ to LOD walk forward right, left, shuffle right, left, right

Lady: Turn $\frac{1}{4}$ turn right step forward on right, $\frac{1}{2}$ turn right stepping back on left, shuffle back right, left, right (RLOD)

5,6,7&8 Man: Walk left, right, shuffle left, right, left

Lady: Turn $\frac{1}{4}$ right step back on left, turn $\frac{1}{4}$ turn right step forward on right, shuffle forward left, right, left (LOD)

MAN: ROCKING CHAIR X 2

LADY: $\frac{1}{2}$ PIVOT, ROCKING CHAIR, $\frac{1}{2}$ PIVOT

1,2,3,4 Man: Rock forward on right, recover on left, rock forward on right, recover on left

Lady: Step forward on right, pivot $\frac{1}{2}$ turn left stepping on left, rock forward on right, recover to left

5,6,7,8 Man: Rock forward on right, recover on left, rock forward on right, recover on left

Lady: Rock back on right, recover to leftt, step forward right, pivot ½ turn left weight to left

DIAGONAL FORWARD, ROCK RECOVER, LEFT DIAGONAL STEP, ROCK, RECOVER

- 1,2,3,4** Step right to right diagonal, rock forward on left, recover to right, squaring up to LOD step left to side
- 5,6,7,8** Step right to left diagonal, rock forward on left, recover to right, squaring up to LOD step back on left

Smile and Begin Again