

# Mood Swings

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**Count:** 32                      **Wall:** 4                      **Level:** Improver

**Choreographer:** Dee Musk (UK) - April 2022

**Music:** - Lecky : (OST from the BBC Series)

**#32 Count Intro. Approx 16 seconds - Track approx 2 mins 19 secs. BPM 120.**

**Track available from [iTunes.co.uk](https://www.itunes.co.uk) [deedemusk@gmail.com](mailto:deedemusk@gmail.com)**

**Step Out Right, Step Out Left, Hold, Ball ¼ Turn Left, Step ½ Turn Left, Kick, Out, Out.**

- 1,2**            Step out on R, step out on L.
- 3&4**            Hold count 3, step R beside L, make ¼ turn L stepping forward on L.
- 5,6**            Step forward on R, make ½ turn L weight forward on L.
- 7&8**            Kick R forward, step R to R side, step L to L side. (3 o'clock).

**Drag, Ball, Cross, ¼ Turn Right, ½ Turn Right, Back Drag, Ball, Walk Right, Left.**

- 1&2**            Drag R to beside L, step R beside L, cross L over R.
- 3,4**            Make ¼ turn R stepping forward on R, make ½ turn R stepping back on L.
- 5,6**            Step back on R, drag L to beside R,
- &7,8**            Step L beside R, walk forward R, L. (12 o'clock).

**\*\*Restart\*\* during wall 2, begin again facing 3 o'clock wall.**

**Step Forward, Hip Bumps, ¼ Turn Left, Hip Bumps, Jazz Box.**

- 1&2**            Step forward on R bumping hips R, L, R.
- 3&4**            Make ¼ turn L stepping L to L side bumping hips, L, R, L.
- 5-8**            Cross R over L, step back on L, step R to R side, cross L over R. (9 o'clock).

**Point, ½ Monterey Turn Right, Point, Cross, Box Full Turn Left.**

- 1,2**            Point R to R side, make ½ turn R stepping R beside L.
- 3,4**            Point L to L side, cross L over R. \*Ending - (see notes below).
- 5,6**            Make ¼ turn L stepping back on R, make ¼ turn L stepping forward on L.
- 7,8**            Make ¼ turn L stepping back on R, make ¼ turn L stepping forward on L. (3 o'clock).

**\*Ending - Begin wall 8 facing 6 o'clock - dance to count 4 of section 4 - then make a  $\frac{3}{4}$  box turn Left stepping step L to L side on count 8.**

**Ta Dah Enjoy**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=160134](https://www.linedance.com/index.php?f=dance_view&id=160134)