

# Give Me A Break

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**Count:** 64      **Wall:** 2      **Level:** Easy Advanced  
**Choreographer:** Neville Fitzgerald (UK) & Julie Harris (UK) - May 2026  
**Music:** Madness - Eir.m

## Start Intro on ...

### Walk, Walk, Rock, Recover, Back, Drag, Ball, Walk, Walk

- 1-2      Walk forward Right - Left.
- 3-4      Rock forward on Right, recover Left.
- 5-6      Step back on Right, drag Left heel back towards Right.
- &7-8     Step Left next to Right, Walk forward Right - Left.

### 1/2, 1/4, Sailor Step, Back, Sweep, 1/4, Touch.

- 1-2      Make 1/2 pivot turn to Right, make 1/4 pivot turn to Right stepping Left to Left side at same time fan Right toe to diagonal as you lift toe. (9.00)
- 3&4     Cross step Right behind Left, step Left to Left side, step Right to Right side.
- 5-6      Step back on Left, sweep Right from front to back.
- 7-8      Make 1/4 turn to Right stepping Right to Right side, touch Left next to Right with slight dip of knees. (12.00)

### Side Rock, Recover, Ball Side, Close, Grind, Side, Grind, Side (Suzi Q).

- 1-2      Rock Left to Left side, recover Right side.
- &3-4     Step Left next to Right, step Right to Right side, step Left next to Right.
- 5-6      Cross step Right heel over Left, step Left to Left side as you grind Right heel.
- 7-8      Cross step Right heel over Left, step Left to Left side as you grind Right heel.

### Back Rock, Recover, Step, Sailor Step, Toe, 1/2, Step.

- 1-3      Cross rock Right behind Left, recover forward on Left, Step diagonally forward on Right .
- 4&5     Cross step Left behind Right, step Right to Right side, step Left to Left side.
- 6-7      Touch Right toe back, unwind 1/2 turn to Right (6.00)
- 8        Step forward on Left. (\*R\* Wall 3)

### Step, Lock & Rock, Recover, Together, Cross Shuffle, Step.

- 1-2&** Step diagonally forward on Right, lock Left behind Right, step forward diagonally on Right (7.30)
- 3-5** Rock 1/4 turn to Left rocking forward on Left towards 4.30, recover back on Right, step Left next to Right
- 6&7** Cross step Right over Left, step Left to Left side, cross step Right over Left. (Travelling diagonally toward 4.30 corner)
- 8** Make 1/8 turn to Left stepping forward on Left (3.00)

**Walk, Walk, Shuffle Step, Rock, Recover, Coaster Cross.**

- 1-2** Make 1/4 turn to Left walking forward on Right, make 1/4 turn to Left walking forward on Left. (9.00)
- 3&4** Step forward on Right, step Left next to Right, step forward on Right.
- 5-6** Rock forward on Left, recover back on Right.
- 7&8** Step back on Left, step Right next to Left, cross step Left across Right.

**Point, Hold, 1/4, Point & Point, Toe & heel, & Cross & Heel**

- 1-2** Point Right to Right side , Hold.
- &3&4** Make 1/4 turn to Right stepping Right next to Left (12.00) Point Left to Left side , step Left next to Right, point Right to Right side.
- 5&6** Touch Right toe next to Left, step slightly back on Right, touch Left heel diagonally forward towards 10.30.
- &7&8** Make 1/8 turn to Right stepping Left next to Right, cross step Right over Left, make 1/8 turn to Right stepping back on Left, touch Right heel forward (1.30)

**Ball, Rock, Recover & Coaster Step, Step, Pivot, Step, Pivot.**

- &1-2** Step Right next to Left, rock forward on Left, recover back on Right.
- 3&4** Step back on left, step Right next to Left, step forward on Left.
- 5-6** Step forward on Right, make 1/8 pivot turn to Left pushing Right hip to Right side .
- 7-8** Step forward on Right, make 1/2 pivot turn to Left pushing Right hip to Right side (6.00)

**Restart Wall 3: Dance Up To & Including count 8 Section 4 Then Restart from Beginning.**

**Tag End of Wall 4 Facing 12.00**

## **Add 8 Count Tag ...**

### **Rocking Chair , 1/2 Pivot, 1/2 Pivot.**

- 1-2 Rock forward on Right, recover back on Left.
- 3-4 Rock back on Right, recover forward on Left.
- 5-6 Step forward on Right, make 1/2 pivot turn to Left.
- 7-8 Step forward on Right, make 1/2 pivot turn to Left.

## **INTRO SECTION danced once at the beginning on the song . (It's EASY)**

### **Raise Arms Up in Circle for 8 Beats**

- 1-8 Raise both arms out & around in a circle from hips to above the head finishing with palms together.
- 1-4 With palms still together snake palms down in front of face.

### **Toe Strut x 6 in Full Circle , Rock Recover , Coaster Step**

- 1- 12 Make a full circle turn back to 12.00 Right Strut, Left Strut, Right Strut, Left Strut, Right Strut, left Strut.
- 13-16 Rock forward on Right, recover back on Left, Step back on Right, step Left next to Right, step forward on Right.

### **Repeat above section leading with Left leading .**

- 1-16 Repeat above with Left Leading .

### **Step Point, Step Point, 1/4 Jazz Box (REPEAT 4 TIMES back to 12.00)**

- 1-2 Step forward on Right, point Left to Left side.
- 3-4 Step forward on Left, point Right to Right side.
- 5-6 Cross step Right over Left, Step back on Left.
- 7-8 Make 1/4 turn to Right stepping forward on Right, step Left next to Right. (3.00)

### **Repeat Another 3 times to get back to front wall at 12.00.**

### **Rocking Chair, Step 1/2 Pivot, Step, Hold.**

- 1-2 Rock forward on Right, recover back on Left.
- 3-4 Rock back on Right, recover forward on Left.
- 5-6 Step forward Right , make 1/2 pivot turn to Left. (6.00)

**7-8** Step forward Right, Hold.

**Rocking Chair, Step 1/2 Pivot, Step, Hold.**

**1-2** Rock forward on Left, recover back on Right.

**3-4** Rock back on Left, recover forward on Right.

**5-6** Step forward on Left, make 1/2 pivot turn to Right. (12.00)

**7-8** Step forward on Left, Hold.

**Then Begin Dance :)**

**Last Update: 13 May 2026**