Shake Bake

Count: 32 **Wall:** 4 **Level:** Beginner

Choreographer: Jill Weiss (USA) - May 2026

Music: Shortenin' Bread - The Tractors : (iTunes)

NO TAGS OR RESTARTS

Shortenin’ Bread - 32 counts from heavy beat, start on lyrics

Do Si Dough by Josiah Siska - 1 restart

BUMP AND ROCK-REPLACE, VINE ¼ TURN LEFT WITH SCUFF

1&2 3-4	Step R to right, bumping hips R-L-R, rock back on L, replace to R (12:00)
5-6-7-8	Step L to left, step R behind L starting ¼ turn L, finish turn stepping forward L, scuff R (9:00)

½ LEFT WITH SMALL PIVOT TURNS/HIP ROLLS

1-2	Step forward on R, pivot 1/8 turn rolling hips counterclockwise (7:30)
3-4	Repeat 1-2 turning 1/8 turn (6:00)
5-6	Repeat 1-2 turning 1/8 turn (4:30)
7-8	Repeat 1-2 turning 1/8 turn, as you replace weight to L, over-rotate just a little to L diagonal (3:00)

JAZZ BOX WITH A CROSS, 4 SWAYS

1-2-3-4	Step R in front of L, step back on L (square to 3:00), step R to right, step L in front of R
5-6-7-8	Step R to right and sway to R, sway to L, sway to R, sway to L (3:00)

LINDY RIGHT, LINDY LEFT

1&2 3-4	Step R to right, step ball of L next to R, step R to right (1&2), rock back on L, replace forward to R
5&6 7-8	Step L to left, step ball of R next to L, step L to left (5&6), rock back on R, replace forward to L (3:00)

START AGAIN!

Dance ends at 12:00 (yay)

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Questions, please contact Jill at jill@freespindance.com

Source: LineDance.com — https://www.linedance.com/index.php?f=dance_view&id=7KTC55D