

Vulindlela Open The Way

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Count: 48

Wall: 2

Level: Improver

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Intro: 16 counts

Section 1:: Step. Hold. Ball. Step. Hold. Ball. Forward Mambo x2

1-2& Step forward on right foot. Hold. Step left beside right on ball of left.

3-4& Step forward on right foot. Hold. Step left beside right on ball of left.

5&6 Rock forward on right. Recover onto left. Step right beside left.

7&8 Rock forward on left. Recover onto right. Step left beside right.

Section 2: Forward Slow Coaster. Together. Step $\frac{1}{2}$ Turn. Step $\frac{1}{4}$ Turn.

1-4 Step forward on right. Step left beside right. Step back on right. Step left beside right.

5-8 Step forward on right. Turn $\frac{1}{2}$ left. Step forward on right. Turn $\frac{1}{4}$ left.

Styling: As you do count 1-4 of Section 2 add Chest Pushes x4

Section 3: Right Chasse. Triple $\frac{1}{2}$ Turn. Right Chasse. Left Chasse $\frac{1}{4}$ Turn left.

1&2 Step right to right side. Close left beside right. Step right to right side.

3&4 Make a Triple $\frac{1}{2}$ Turn over our left shoulder stepping left, right, left.

5&6 Step right to right side. Close left beside right. Step right to right side.

7&8 Step left to left side. Close right beside left. Turn $\frac{1}{4}$ left stepping forward on left.

Section 4: Toe Switches X3 Swivel. Toe Switches x2. Step. $\frac{1}{4}$ Turn left.

1& Touch right toes forward. Step right in place.

2& Touch left toes forward. Step left in place.

3&4 Touch right toes forward. Swivel right heel right. Return right heel to centre.

5& Touch right toes forward. Step right in place.

6& Touch left toes forward. Step left in place.

7-8 Step forward on right. Turn $\frac{1}{4}$ left and step left beside right.

Section 5: Step. Lock. Forward Lock Step. Rock Step. Triple $\frac{3}{4}$ Turn

1-2 Step forward on right foot. Lock left foot behind right foot.

3&4 Step forward on right. Lock left behind right. Step forward on right.

5-6 Rock forward on left. Recover onto right.

7&8 Make a Triple $\frac{3}{4}$ Turn over your left shoulder, stepping left, right, left.

Section 6: Cross. Side. Sailor Step. Behind. Side. Cross. Back Rock (Pushing hips back).

1-2 Cross right over left. Step left to left side.

3&4 Cross right behind left. Rock left to left side. Recover onto right.

5&6 Cross left behind right. Step right to right side. Cross left over right.

7-8 Rock back pushing your hips back. Recover onto left.