

# Tide Is High

LINEDANCE.COM

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Mark Furnell (UK), Chris Godden (UK) & Esmeralda van de Pol (NL) - July 2025

**Intro: 16 Counts, Start at approx 8 secs**

**SEC 1 Point, Step, Sweep, Cross shuffle, Hold, Ball Cross, Hold**

**1-2 Point Right toe to Right, Step forward Right**

**3 Sweep Left foot from back to front**

**4&5 Cross left over right, step right to right, cross left over right**

**6 Hold**

**&7-8 Step right to right, cross left over right, Hold**

**SEC 2 Side rock, Behind side cross, Step slide touch, Step  $\frac{1}{4}$  turn, Close, Hitch**

**1-2 Rock right to right, recover weight on left**

**3&4 Step right behind left, step left to left, cross right over left**

**\*On wall 10 the dance will end here - just walk round  $\frac{3}{4}$  turn to front**

**5-6 Step left to left, Drag right to left and touch right to left**

**7-8 Turn  $\frac{1}{4}$  left stepping right to right, close right to left and hitch right knee(9:00)**

**Restart here on walls 4-7**

**SEC 3 Cross, Back, Back, Cross, Back, Together, Walk X2**

**1-2 Cross right over left. Step back on left**

**3-4 Step back on right, cross left over right**

**5-6 Step back on right, close left to right**

**7-8 Walk forward right, walk forward left**

**SEC 4 Forward, Touch, Back, Touch, Sway x4**

**1-2 Step right forward to the right diagonal, touch left to right**

**3-4 Step left back to the left diagonal, touch right to left**

**5-6 Step back right rocking weight onto right, rock forward left**

**7-8 Rock back on right, Rock forward on left**

**Tag At the end of Wall 8**

**Point, Step, Point, Step**

**1-2 Point right to right, step forward right**

**3-4 Point left to left, step forward left**

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Source: LineDance.com — [https://www.linedance.com/index.php?f=dance\\_view&id=198776](https://www.linedance.com/index.php?f=dance_view&id=198776)